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ISSUE 3 | 2017/18



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# WELCOME TO LUX 1.2

We are living in interesting times. As I write this Editor's note we are unsettled by Planet Trump, toying with Brexit and understanding in all too real terms the fragility of our world's security.

I am heartened to remember that in times of change we often also encounter hope, acts of bravery and surprising sources of inspiration. In my interview with British fashion designer Zaeem Jamal (pg 58) he said: 'I feel an emerging spirit of freedom, rebellion and evolution' and it's this sentiment that has shaped this issue.

You may be surprised by our interviews with the Freemasons' of Jersey – a notoriously secret society that is undergoing its own evolution. See page 30 for an insight into this ancient organisation and exclusive pictures from the Masonic Temple.

We hope you are inspired by the medical experts in our lead feature who have made their home in Jersey (pg 14). Thousands of Islanders have benefitted from their discreet and considered care. The beauty and safety of Jersey has attracted them to our shores and long may that continue.

We hope you find escapism in the writing of Top Gear's Jason Barlow who has reviewed the McLaren 720S for our high-octane pleasure. We're also delighted to indulge you with luxurious travel (pg 102), foodie indulgences (pg 93) and beauty favourites (pg 101).

Our fashion shoot this year has fully embraced the concepts of freedom and rebellion. Masculine tailoring meets floral romanticism in this bold shoot which explores the blurring of gender lines and the freedom of expression (pg 46).

It's been quite a year putting it all together and we are incredibly grateful to all our partners, advertisers, and writers. Most importantly, we are grateful to you, our readers - you have come on the journey with us, given us feedback and supported us since inception.

We hope this issue allows you to dream and be inspired.



**Natasha Egré**  
Editor

WWW.LUX.JE

# LUX<sup>+</sup> 1.2

LUX<sup>+</sup> is Jersey's premium lifestyle annual, the only one devoted exclusively to elegant living in Jersey. It is lovingly created for fellow Channel Islanders and people all over the world who may consider Jersey a suitable place to relocate. The common denominators of our readership are a love of indulgence; travelling for pleasure; sophisticated dining; high culture; yachting and beautiful cars.

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# UNDER THE SKIN

**JOURNALIST LAURA WELSH MEETS THE MEDICAL EXPERTS AND INVESTIGATES THE RISE OF HEALTH TOURISM TO JERSEY, WHAT IT BRINGS TO THE LOCAL ECONOMY AND WHAT IT CAN OFFER THOSE LOOKING FOR A SPECIALIST SERVICE.**

There is one aspect of our Island that has been quietly gathering a reputation all of its own – leading, private medical healthcare. The Island has attracted experts from around the world, from Plastic Surgeons to Cardiologists. They are not only servicing the local population, but attracting clients from all over Europe too.

Jersey is the ideal destination for health tourism. The climate is mild, there is a vast array of luxurious places to stay and relax, and the local consultants, many of whom have been trained to the highest level in the NHS, provide a high-quality service. Located just a short hop from Northern Europe and Southern England, Jersey reaches out to a discerning clientele from these regions. The advantageous financial benefits that Jersey’s taxation system brings also makes the Island a very attractive and affordable place for those seeking to enhance their bodies and their minds.

Imagine being able to fly in for a few days with your partner, stay in a stunning five-star hotel and enjoy all the hospitality that a short break on the Island affords, whilst also seeing a leading surgeon and having your treatment and follow-up appointments before flying home.

Our health industry is also of philanthropic benefit to the local economy. It brings clientele to the hospitality and retail industries as well as providing financial benefit to our hospital and private clinics through private medical insurance policies which are often held off-Island.

For those looking for confidentiality then private treatment in Jersey is as discreet as it comes. As far as anyone at home is concerned, you are simply taking a short break or visiting friends and family. What they don’t know is that while you are here you may be seeking therapy, undergoing important surgery, or having some cosmetics enhancements carried out. When you return home you look relaxed and better for the time away, safe in the knowledge that privacy is ensured at all times.

**LUX<sup>®</sup> TALKED TO SOME OF THE LEADING PROFESSIONALS OF JERSEY’S PRIVATE MEDICAL PRACTICES ABOUT THEIR WORK, THEIR LIVES AND THE BENEFITS THAT PATIENTS SEEKING THE VERY BEST CONFIDENTIAL EXPERTISE CAN EXPECT FROM BEING TREATED IN JERSEY. ▶**



## ROB GREIG

### BOTOX AND COSMETIC PRACTITIONER

*Rob Greig is an eminent figure in Botox and Cosmetic Filler treatments in Jersey, with a clinic at Castle Quay Medical Practice. He is also a Consultant of Emergency Medicine at Jersey General Hospital, and was awarded the prestigious title of Fellow of Emergency Medicine in 2011.*

#### WHY DO PEOPLE APPROACH YOU TO HAVE BOTOX?

Used correctly, Botox can make you look better in an undefinable way – in a way that people can't put their finger on. It's as if you've had a great haircut or been on holiday.

#### WHAT ADVICE WOULD YOU GIVE SOMEONE LOOKING FOR A SPECIALIST?

The best recommendations are word of mouth. That is why I don't advertise because someone who has had a great treatment will look so well that their friends will notice and ask whether they've got a new boyfriend or have been away - when they find out that it is Botox, they often make an appointment for themselves.

#### WHAT APPROACH DO YOU TAKE WITH A NEW PATIENT?

The key thing is that I never start by telling my patients what I can do for them – I might end up accidentally criticising something they love! My approach is the opposite – I ask them what they don't like and then we work together to change that into something they love.

It's also vital to me that my patients never look like they have had Botox. The important thing is to not change too much – you don't want a frozen face.

---

*“The important thing is to not change too much – you don't want a frozen face”*

---

#### YOU DON'T JUST DO BOTOX DO YOU? HOW DO THE TWO PARTS OF YOUR JOB FIT TOGETHER?

My Botox clinic is the opposite of my every day job in Emergency Medicine. When I was training, I spent so many years with patients in the North East, often who had been in terrible situations. By combining my Emergency Medicine work in Jersey with my private clinic, I see both sides of the coin. The human body is an amazing thing and I take great pride in my work.

#### WHERE CAN WE FIND YOU WHEN YOU ARE NOT AT WORK?

I love to take my children pier jumping at Rozel Harbour at high tide.



## GAVIN HENDRICKS

PSYCHIATRIST

*Gavin Hendricks is a hugely experienced psychiatrist who was most recently the Clinical Director of Jersey Mental Health Services. He has specialised in many areas, including eating and mood disorders and gender realignment. A native South African, Gavin also served as a Major in the South African Army Medical Services.*

### WHAT BROUGHT YOU TO PRACTISE IN JERSEY?

I was offered a job in a big London hospital but the caveat was it wouldn't start for two years so I looked for something to fill in the gap. I was offered a job here in Jersey - that was ten years ago and I have never looked back!

### WHAT ARE THE LATEST DEVELOPMENTS IN YOUR FIELD THAT ARE EXCITING YOU?

Compassion Focused Therapy is a brilliant new type of treatment and I have seen incredible results. It is very scientific and evidence-based and comes from within the patient themselves. There is a lot of dialogue and conversation with the therapist which is great. Gone are the days of the therapist nodding silently in a chair. Now we have much more of a two-way conversation.

There is also a huge focus on going drugs free. In Jersey, since 2008 we have seen a 40% rise in the prescription of anti-depressants. I feel very strongly that we need to focus on not using drugs.

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*“Compassion Focused Therapy is a brilliant new type of treatment and I have seen incredible results”*

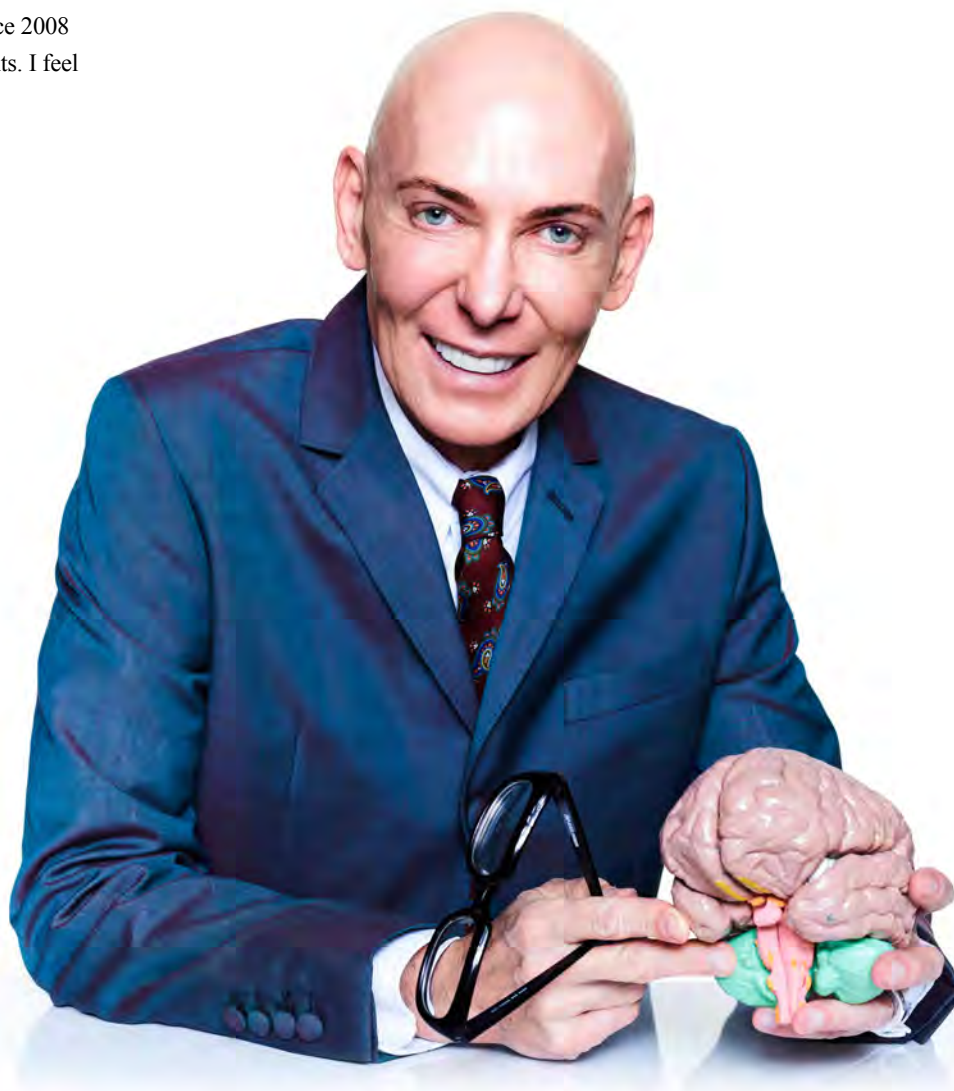
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### WHAT CAN SPECIALISTS IN JERSEY OFFER THEIR PATIENTS?

Jersey residents have huge expectations of their healthcare – and quite rightly so. One of the main benefits we can offer is confidentiality. Yes, all doctors do this but for those patients travelling here for treatments they can be safe in the knowledge that no-one at home knows why they are going to Jersey. And my consulting rooms are kept very discreet for this reason – there is no huge sign above my door saying what I do.

### HOW DO YOU SPEND YOUR DOWNTIME?

I travel – I love to see people and places. My biggest failing is not giving myself enough time off so when I do, I jump on a plane. ▶



## FIONA NELSON

### OBSTETRICS AND GYNAECOLOGY

*Fiona Nelson is a highly regarded Consultant of Obstetrics and Gynaecology who practises both at Jersey General Hospital and at the recently opened private Gloucester Street Clinic. Fiona trained in Edinburgh and was awarded the Gold Medal for the highest mark in the membership examination for the Royal College of Obstetricians and Gynaecologists.*

---

*“I’m very proud to have been the first female consultant in Jersey”*

---

#### CAN YOU TELL US A LITTLE BIT ABOUT HOW YOU CAME TO PRACTISE HERE IN JERSEY?

My husband is from Jersey so he was delighted when I was offered a position here in 2004! I’m very proud to have been the first female consultant in Jersey.

#### WHAT’S DIFFERENT ABOUT THE WAY YOUR DEPARTMENT PRACTISES FROM THE UK?

We have the advantage that we can offer a very holistic way of care – patients can see the same consultant from day one which is often simply not possible in the NHS. I can get to know the women I look after very well and build up a relationship based on trust, which is something women need when they are having personal appointments.

Having said that, many of our doctors are trained in the NHS and come to practise here with a strong experience of using evidence-based medicine and guidelines which leads to extremely competent and professional care. We take the best practices of the NHS and give it a very personal touch.

#### WHAT KIND OF EXPECTATIONS DO YOUR PATIENTS HAVE?

I find that there are high expectations; many of my patients want to see a consultant at every stage and they often can. This is really reassuring as you can make a plan there and then and everyone knows what is going to happen at every stage. It’s also great that the consultants all know each other and can pick up the phone to each other very quickly – this makes everything run very smoothly.

#### WHEN YOU HAVE ANY TIME OFF, WHAT DO YOU DO?

I love music and have played the piano and violin all my life. If I hadn’t been a doctor, I would definitely have been a musician. I play the violin for the Jersey Symphony and Chamber Orchestras, and am lucky enough to go back to Edinburgh to play with the Scottish Sinfonia. My husband is a very keen sailor too so we are often able to make the most of the beautiful Jersey coast in our boat.



## ANDREW MITCHELL

### CARDIOLOGIST

*Andrew Mitchell is a Consultant Cardiologist at Jersey General Hospital and an Honorary Consultant at Oxford University Hospitals, England. His team were finalists for Cardiology Team of the Year at the 2016 British Medical Journal Awards.*

#### WHAT DO YOU LIKE MOST ABOUT PRACTISING IN JERSEY?

I was brought up in Jersey so when the opportunity arose ten years ago to come home, I jumped at the chance. I love the community role that my job provides and many of my patients include friends, neighbours, colleagues and even family.

#### WHAT SETS JERSEY APART FROM OTHER COUNTRIES WHEN IT COMES TO HIGH-END HEALTHCARE?

We have fabulous skilled teams in the hospital who have close relationships with primary and community care. This means GPs can call a specialist directly and have instant access to advice. Also, as we are not part of the NHS, we can choose the best care for our patients based on international guidelines without being controlled by political agendas.

#### WHAT BENEFITS DO YOU SEE 'HEALTH TOURISM' BRINGING TO JERSEY?

Jersey is the ideal destination for health tourism. Patients can travel here on holiday and schedule a series of health checks whilst they are here. This is an exciting opportunity, in particular with cosmetic surgery - people can have their procedures and immediate checks performed before returning home.

#### WHAT ARE THE LATEST 'TRENDS' IN PRIVATE HEALTH CARE?

Personalised healthcare where, for example, we can now predict which patients are most likely to benefit from taking statin therapies to minimise their risk of heart attacks and stroke, reducing the number of patients unnecessarily taking medicines.

---

*“I am particularly excited about the opportunities to use some of these technologies in Jersey to screen our school children for dangerous, inherited and undiagnosed heart conditions”*

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#### WHAT ARE THE LATEST DEVELOPMENTS IN CARDIOLOGY THAT YOU ARE MOST EXCITED ABOUT?

The evolution of mobile and wearable computing technology is really exciting as it allows us to give patients digital health devices to aid rapid diagnosis and treatments. For example, patients can now make their own heart recordings using hand-held devices and share them with their cardiologist via the Internet which allows more personalised prescription of drugs. I am particularly excited about the opportunities to use some of these technologies in Jersey to screen our school children for dangerous, inherited and undiagnosed heart conditions.

#### WHAT DO YOU DO TO RELAX?

I ride motorbikes. I was schoolboy Jersey and Guernsey motorcross champion and Jersey sand racing champion! I teach off-road motorcycle sessions for adults and children in my spare time, when I have some! ▶



## MATT STEPHENSON

### BREAST SURGEON

*Matt Stephenson is a Consultant General and Oncoplastic Breast Surgeon. Matt specialises in breast cancer surgery and reconstruction as well as private cosmetic work and general surgery. He is also an award-winning author and his book 'How to Operate' has become a standard for surgical trainees. Matt's private practice is based at the Bon Sante Consulting Rooms in St Helier.*

#### WHAT DO YOU LOVE ABOUT WORKING IN JERSEY?

Jersey is a beautiful Island with outstanding natural beauty and a real community feel. There were great opportunities professionally here to develop the breast service into one which could provide a wide range of treatments for women to save them having to travel to the mainland for their surgery. Jersey has about 100 women per year newly diagnosed with breast cancer so there's plenty of women to help.

#### WHAT SETS JERSEY APART WHEN IT COMES TO HIGH-END HEALTHCARE?

For such a small Island, we have a staggering breadth and depth of healthcare options for patients. In my own subspecialty of breast surgery for instance, we can offer all aspects of cosmetic breast surgery and also patients only very rarely have to leave the Island for breast cancer surgery.

#### WHAT BENEFITS DO YOU SEE 'HEALTH TOURISM' BRINGING TO THE LOCAL ECONOMY?

We already have women coming to Jersey for cosmetic breast surgery - I'm told it's a great place to combine a life changing operation with a relaxing spa weekend.

#### WHAT ARE THE LATEST DEVELOPMENTS IN COSMETIC SURGERY THAT YOU ARE MOST EXCITED ABOUT?

The biggest thing women should probably be aware of is the safety of modern breast silicone implants. There have been some scandals in the past about defective breast implants, especially the notorious PIP scandal. Breast implants made now, and especially the ones we use in Jersey, are extremely safe so women shouldn't worry about the safety of their procedure.

#### HOW DO YOU LIKE TO RELAX?

I don't get to relax much as most of my spare time now is taken up by major house renovations and a 13 month old baby!

---

*"The biggest thing women should probably be aware of, is the safety of modern breast silicone implants"*

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## COLIN DUNLOP

### ORTHOPAEDIC SURGEON

*Colin Dunlop is Consultant Orthopaedic Surgeon at Jersey General Hospital. Colin trained in Aberdeen and spent time in Australia gaining his fellowship in Melbourne before returning to the UK to practise in Liverpool and the North West. Colin specialises in lower-limb orthopaedic treatments.*

#### WHY DID YOU CHOOSE JERSEY AS A PLACE TO SETTLE?

When I decided to leave the UK and the NHS, the world was literally my oyster and, having previously worked in Australia, I was tempted to move there as we loved it so much. However, it is a very long way away! Jersey gives us everything we want as a family and for me professionally, as well as being still close to the UK. Our patients are really special too – they are friendly and patient (in both senses of the word!) and make my job really satisfying.

#### WHAT ARE THE ADVANTAGES FOR PATIENTS HAVING OPERATIONS HERE?

In my field it is really important to be close to your surgeon in case of complications or to have check-ups. The fact that we have everyone from nurses and pharmacists to anaesthetists and emergency specialists all in the same building means we can move very fast if we have to and there is no inconvenience or time wasted by transferring to other locations. Often private hospitals in the UK are very specialised and therefore lack certain departments.

This can be a real problem as patients might need a cardiologist as well as an orthopaedic surgeon or may need to be transferred to an Emergency Department at very short notice. We don't need to do that here and it saves time, money, and often lives.

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*“Because we are independent, our hands are not tied by politics or budgets”*

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#### WHAT MAKES JERSEY A SPECIAL PLACE TO PRACTISE PRIVATE MEDICINE?

The income from private medical insurance goes into the hospital here and ensures that we can provide the highest quality care whatever day of the week or time of day that the patient needs us. Because we are independent, our hands are not tied by politics or budgets. We are truly able to offer a patient-led service which makes the most of latest technology in implants and medicines.

#### WHAT DO YOU DO WHEN YOU ARE NOT AT WORK?

I have three daughters who keep me pretty busy, and I take advantage of the watersports that we have here on the Island. My real love is wakeboarding and windsurfing, though it's quite choppy here most of the time - I make sure I can do that wherever I go on my summer holiday! ▶



## JOSE DE CORDOVA

FACIAL PLASTIC SURGEON AND EAR, NOSE & THROAT CONSULTANT

*Jose De Cordova is a Rhinologist, Facial Plastic Surgeon and Ear, Nose & Throat Consultant (ENT). Jose practises at Jersey General Hospital and also at his private practice based in the Lido Centre.*

### WHAT BROUGHT YOU TO JERSEY?

I had finished working in London as a plastic surgeon and was thinking about moving back to Columbia when I was offered a one month placement here in Jersey. This led to a one year placement and I've now been here for ten years!

### WHAT IS SO SPECIAL ABOUT JERSEY FOR YOU?

It's such a safe place and it's really family friendly. In the summer, we enjoy the beaches and I love water sports so it's great to live near the sea. Being a small place, it's also possible to make a difference with what you do, to make a change, and I really love that.

### DO YOU THINK IT IS EASIER TO WORK HERE THAN IN THE UK?

I think it can be much more challenging actually. You know that you will see your patients for the whole of their treatment, and for years afterwards - sometimes socially, at school as fellow parents or in the supermarket even - you have a real sense of responsibility for their care. You have to ensure that you get it right - if you are not a skilled practitioner, then it will affect your reputation very quickly and people will not come to you.

### WHAT PLASTIC SURGERY PROCEDURES ARE MOST POPULAR IN JERSEY?

The most popular procedures in Jersey are eyelid lift, nose job and MACS facelift, which is a minilift.

---

*“The most popular procedures in Jersey are eyelid lift, nose job and MACS facelift”*

---

### WHAT BENEFIT DO YOU THINK JERSEY PATIENTS HAVE OVER THOSE IN OTHER COUNTRIES?

It's the one-to-one approach and the sense of responsibility and trust. You can see the same consultant for your whole procedure, and if you are worried about anything, you can simply make an appointment to pop in to have it checked out. We also offer privacy for anyone coming from abroad who might want to stay for ten days, have some plastic surgery done and then go home after they have recovered. I'm seeing more and more patients from places such as Spain and Gibraltar who can't get that kind of treatment and privacy at home.

### HOW DO YOU UNWIND?

I like to hang out with my two daughters, and I play tennis in the evenings after work - I'm very competitive so it's a great stress relief! Being South American, I also love to cook - especially barbeques and I love to dance! I like to bring a little of South America to Jersey. ■



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# SAIL. SURVIVE. SUCCEED.



SAIL. SURVIVE. SUCCEED.

*It takes some grit and determination to circumnavigate the world single-handedly.*

*Yachtsman Alex Thomson - son of Jerseyman Peter Thomson, and an adopted Islander - did just that and he's had a record breaking year to show for it*



*“Only 72 sailors have ever completed the race since its inception. In the past, three skippers have lost their lives attempting to conquer the challenge”*

Photo Credit - Mark Lloyd

**A**fter 74 days, 19 hours and 35 minutes at sea, British sailor Alex Thomson reached the finish line of the Vendée Globe in second place. In doing so, he broke his own British record of 80 days for the fastest solo circumnavigation of the globe in a monohull.

*“Alex matched Dame Ellen MacArthur’s second place finish, which she achieved back in the 2001 edition of the race”*

---

The Vendée Globe is a single-handed, non-stop race around the world. Often termed the Everest of sailing, the race pushes sailors to their limits over a period of three months. They are completely alone at sea; they do not set foot on dry land or receive any assistance.

As well as becoming the fastest Brit to ever sail solo around the world, Alex matched Dame Ellen MacArthur’s second place finish, which she achieved back in the 2001 edition of the race. First place this year went to French sailor Armel Le Cléac’h who set a new race record. Alex finished just 16 hours behind.

Thomson’s achievements are quite extraordinary considering he suffered potentially race-ending damage to his boat on day 13 at sea. A collision with an unidentified object in the water caused his

starboard foil to break. Despite this setback, he delivered the greatest performance of his career to get back in contention and set up one of the most thrilling final stages that the Vendée Globe had ever seen.

At the end of the grueling and dangerous race, Alex said: ‘in our sport, challenges do not get any tougher, so this is a moment I will never forget.’ After not having slept for days, he was relieved to finally arrive at the finish line. ‘To sail down the canal in Les Sables-d’Olonne, back where it all started on November 6th and to see huge crowds of people was an amazing feeling. And to be back with my wife Kate and children Oscar and Georgia again is emotional and very special.’

CEO of Alex Thomson Racing, Stewart Hosford, said: ‘We are incredibly proud of what Alex has

achieved. A race like this is the culmination of four years of hard work, training and preparation from both Alex and the team behind the scenes. Alex's 2nd place finish together with a number of new records is a superb achievement.'

*“Sponsors HUGO BOSS have supported Alex since 2003, boasting a 14-year long partnership - one of the longest sponsorships in the world of sailing”*

The Vendée Globe is undoubtedly one of the world's toughest sporting challenges. Only 72 sailors have ever completed the race since its inception. In the past, three skippers have lost their lives attempting to conquer the challenge. Alex completed the race in his impressive 60 foot IMOCA racing yacht HUGO BOSS.

Sponsors HUGO BOSS have supported Alex since 2003, boasting a 14-year long partnership - one of the longest sponsorships in the world of sailing. Together they ensure Alex is racing one of the world's fastest modern racing monohulls. These impressive boats are built using composite materials, keeping the IMOCA 60 as light as possible whilst still ensuring they are able to withstand the harsh conditions they will find racing across the oceans.

Since the culmination of the Vendée Globe, Alex has taken time out to spend with his family. Much of Alex's own upbringing was spent in Jersey and his fondest childhood memories are of lobster catching in Les Échréhous. In 1953, his grandfather built a hut on one of the rocky islets. In a recent interview with the Guardian, Alex recalls: 'It was a massive playground for me as a kid. The adults slept in the hut and we children would camp on the patio. It's one of my fondest memories.' ▶



Photo Credit - Mark Lloyd



Photo Credit - Mark Lloyd

*“I’ve notched up 400,000 nautical miles in my life so far. I’ve made nine attempts to sail around the world. I have learnt a lot along the way”*

*Alex Thomson*

In 2006 there was a tremendous storm which hit Les Échréhous causing extensive damage to the huts. Alex’s family hut received irreparable damage so there was no option but to start again. ‘Six years ago, my family rebuilt the hut,’ explains Alex. ‘The challenge was to get 30 tonnes of gear over there – a tonne at a time on a six-metre rib!’

It appears that tackling challenges is going to be part of the roadmap to Alex’s life. Solo sailing requires a certain type of steely determination and Alex has it in spades. And it seems there are yet more challenges to come.

Speaking after the finish of the Vendée Globe, he hinted to Bailiwick Express that, despite difficulties, a fifth attempt might even be on the cards: ‘The pleasure of the race was breaking the 24-hour distance record. There was plenty of pain too with this race, but it’s amazing how quickly you forget about it after the finish, and very quickly you’re up for doing it again.’

Alex summed up the drive and ambition that keeps him going to Mercedes-Benz Magazine. He said: ‘I’ve notched up 400,000 nautical miles in my life so far. I’ve made nine attempts to sail around the world. I have learnt a lot along the way. I learnt that it is human nature to want to be the best.

Most people believe that success is what makes you happy. But I’ve learnt to see things differently. Instead, I believe that success is born from happiness. This has taught me to put a premium on feeling good. I have also come to understand that success isn’t always reflected in the results. It’s the journey that counts.’ ■



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# THE SECRET

From left to right:

Christian Edwards, Harry McRandle, Martyn White, Jo Carrico, Kerwin Mohan, Tommy Hayden, Gareth Richardson

# ET'S OUT

LUX<sup>®</sup> gained exclusive access to photograph the Masonic Temple in Jersey, meet its members and speak to the Provincial Grand Master.

The story that transpires explores persecution, myths and intrigue and a society trying to shake off a misguided reputation

WORDS: NATASHA EGRÉ  
PHOTOS: DANNY EVANS



**F**reemasonry has long been shrouded in mystery. Rich with symbols and secret rituals, the society has been feared and even pronounced cultish. Over many centuries, Freemasons have been accused of both corruption and collusion. But where does the truth really lie?

Freemasonry is the world's oldest and largest fraternity. Its membership is a 'Who's Who' of history - George Washington, Benjamin Franklin, Mozart, Franklin Roosevelt, Harry Houdini, Henry Ford, John Wayne, and even Winston Churchill. It's easy to see why members often refer to it as 'the thinking man's society.'

**"WE'VE GOT CLERGY THAT ARE MEMBERS, TRADESMEN, HIGH COURT JUDGES, EX STATES MEMBERS, AND POLICEMAN TO NAME A FEW"** KENNETH RONDEL

'The Freemasons are 300 years old this year,' explains Jersey Freemason Martyn White. 'It basically grew from a group of scholars, royals, and intellectual thinkers of the day who based the society on ancient operative Masons and the way that they worked.'

In Jersey, there is a strong membership, as Provincial Grand Master Kenneth Rondel, Director of a Private Bank and Trust business, explains: 'we've got clergy that are members, tradesmen, high court judges, ex States members, and policeman to name a few.' Martyn White adds: 'to apply, you have to be over 21, you have to be of sound judgment and you cannot have a criminal conviction. So, from the outset, you are looking at people with a good moral standing.'

So why have the Freemasons been so misjudged over centuries? And why haven't they done more to dispel the myths?

**"JUST OVER 200,000 MEN WERE EXECUTED THROUGHOUT THE 30s AND INTO THE LATE 40s BECAUSE OF THEIR MEMBERSHIP TO FREEMASONRY RIGHT ACROSS EUROPE"** KENNETH RONDEL

'Freemasons went underground in the 1930s because of fascism right across Europe,' explains Kenneth. 'The dictators across Europe – Hitler, Mussolini, General Franco in Spain, and Tito – held the belief that Freemasons were practising Jews and therefore they felt that Freemasons needed to be eradicated. Just over 200,000 men were executed throughout the 30s and into the late 40s because of their membership to Freemasonry, right across Europe.'

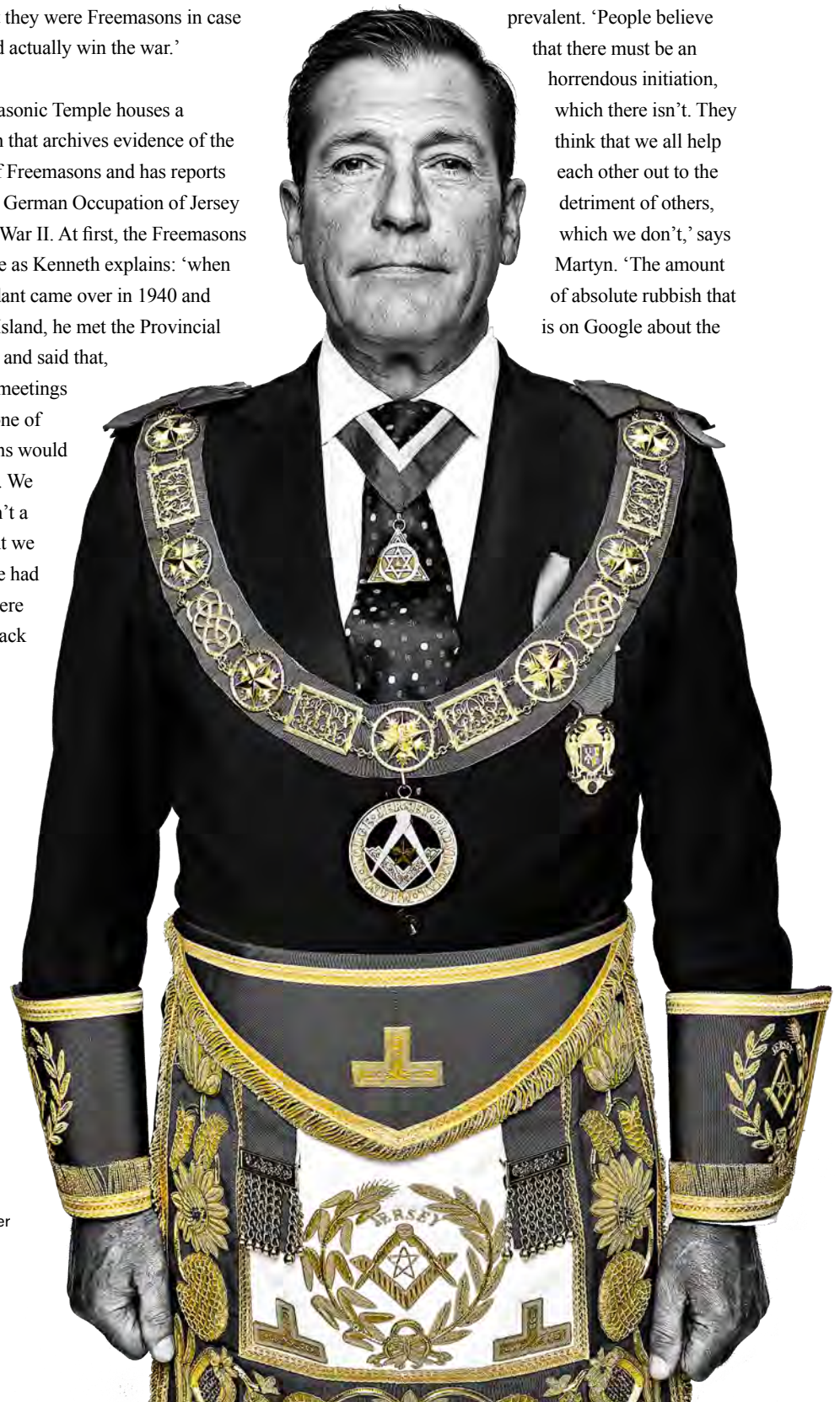
He continues: 'there was a time when Hitler said that he knew who the high-ranking Freemasons were in England and once he invaded he would seek them out. So Freemasonry became very private and that's why everyone considered us to be a secret society. People were afraid of being found out that they were Freemasons in case Hitler ever did actually win the war.'

The Jersey Masonic Temple houses a museum room that archives evidence of the persecution of Freemasons and has reports relating to the German Occupation of Jersey during World War II. At first, the Freemasons were left alone as Kenneth explains: 'when the Commandant came over in 1940 and occupied the Island, he met the Provincial Grand Master and said that, providing no meetings took place, none of the Freemasons would be persecuted. We know he wasn't a Freemason but we suspect that he had family who were Freemasons back in Austria.'

However, that all changed in January 1941 when a platoon of looters and wreckers came to Jersey from Berlin. 'They photographed the inside of the Masonic Temple, and then ransacked and took everything that they could. They loaded it onto lorries and took it to Berlin for an anti-Jewish/anti-Masonic exhibition,' says Kenneth. 'We've got pictures of that exhibition and it was an absolute replica of our main temple room. Our temple was completely gutted and they instead used the main temple room as a wine store while they were here.'

It's easy to see why the Freemasons became secretive, but this illusiveness has also led to great speculation regarding their rituals and beliefs. Myths surrounding bizarre initiations and sacrifices have become quite

prevalent. 'People believe that there must be an horrendous initiation, which there isn't. They think that we all help each other out to the detriment of others, which we don't,' says Martyn. 'The amount of absolute rubbish that is on Google about the



Provincial Grand Master  
Kenneth Rondel

**"WE DON'T SACRIFICE GOATS, WE DON'T COME FROM LIZARDS AND THERE'S NOTHING UNTOWARD ABOUT THE RITUAL CEREMONIES IN FREEMASONRY"** KENNETH RONDEL

Freemasonry is embarrassing. Stuff about goat's heads and things like that are patently just not true.'

Kenneth explains further: 'there is quite a large area of the population that has no concept of what Freemasonry is all about. It's probably been our own fault in many respects because we've always been fairly quiet about what we do. We go about our charitable efforts under the radar really. There are areas of the population that have got a distinct dislike for Freemasonry and that is through pre-conceived misconceptions. We don't sacrifice goats, we don't come from lizards and there's nothing untoward about the ritual ceremonies in Freemasonry.'

However, surely no good Dan Brown novel could be written without a shimmer of fact. And

no interesting society can be without its secrets? 'We're not a secret society. We're a society with secrets,' admits Martyn. 'But those secrets are part of our initiation, even though there's little to them really. It is something that we want to keep close as it differentiates us.'

Kenneth adds: 'People ask me about the secret handshake, but I've taken an oath not to tell you what that handshake is.'

Members act out rituals as they work their way up the degrees. Play acting and dressing up may seem rather bizarre but wearing regalia and upholding tradition has a far deeper meaning for the Freemasons: 'the members have to learn tracks of ritual drama but the play is really just to communicate a moral story about having an ethical and moral attitude to your life,' says Kenneth.

Tales of entering the temple under blindfold with one trouser leg rolled up are in fact true. 'You're blindfolded and you have your left trouser leg rolled up in the first degree,' explains Kenneth. 'It's really to symbolize that when you take your

obligation on the holy book, you've got nothing between you and the obligation. In the olden days, you would lift up your skirt to kneel down to take your oath or obligation on the holy book. It also proves that you're a free man as when Freemasonry was first established slavery was still around and if you had shackles or shackle marks on your ankles, it would prove that you were not necessarily a free man and so it's historic.'

But what about the blindfold? Kenneth explains: 'when a man is born he is pretty ignorant and he can only benefit through education and so the blindfold represents the opportunity of being re-born and seeing the light and that is what Freemasonry gives. There are some mysteries of life that can be explained. We're not likely to tell you what they are. You've got to join to find out.'

With rituals based on morals and ethics, the Freemasons in Jersey do not treat misdemeanours within the membership lightly. 'If anybody misbehaves they are likely to be excluded or drummed out of the organisation,' states Kenneth. ▶



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## “HAVING FREEMASONRY IS LIKE A BROTHERHOOD TO ME”

KERWIN MOHUN

‘We’ve had some recently which we’ve had to deal with. If an offence is custodial, then they are likely to be excluded completely. It’s all about standards. We expect our members to not only learn what Freemasonry’s trying to teach them in regards to a moral and ethical approach to life but they need to display that in the lodge and also out in the wider community.’

If you want to be a Freemason, you can petition a local lodge for membership. You’ll need to demonstrate good character and a belief in some sort of supreme being, although you can be of any religion.

Jersey Freemason and entrepreneur Kerwin Mohun says: ‘you have to be a good man, no criminal convictions and such things. Knowing that the people you are going to meet are going to be good men makes you feel free to share your experiences. That is what Freemasonry has done for me. Having Freemasonry is like a brotherhood to me.’

Kerwin joined the Freemasons after he moved to Jersey from Mauritius. He is an accountant by trade but now he’s a successful chilli and curry sauce entrepreneur exporting on a global scale. ‘I came from an underprivileged background in Mauritius,’ Kerwin explains. ‘I left to better myself, find work and better my life and that of my parents at home. So coming from nothing to Jersey on my own and now running my business and also being part of an ancient organisation is important



Masonic Temple, Jersey

to me. It doesn’t help you in business but it helps you personally because of the companionship. The membership is diverse and their experiences and their travels are just amazing to me. The companionship with these men is what gives me satisfaction as a Freemason.’

Freemasonry consists of organisations that trace their origins to the local fraternities of stonemasons. The degrees of Freemasonry retain the three grades of medieval craft guilds, those of Apprentice, Fellow and Master Mason.

Freemasons are left to explore the craft in the manner they choose. Some further explore the ritual and symbolism; others focus their involvement on the social side, and some concentrate on the charitable functions. ‘It’s essential that we help the community and it’s part of the obligation that a Freemason takes,’ explains Kenneth. ‘We offer charitable

“WHAT WE SAY IN FREEMASONRY IS ‘MAKING GOOD MEN, BETTER MEN.’ I THINK IT MAKES YOU AWARE OF WHAT IT IS TO BE A BETTER MAN” MARTYN WHITE

support whether that be financially or personally through assistance. Care to one another is very important, as is respect.’

Christian Edwards is Master Mason and Chair of the Duke of Normandy Lodge. He is a Barrister and owns Jersey building company iMaintain. Being so busy professionally, it’s surprising that he has the time to dedicate to the Freemasons but he sees its deeper value. ‘I think it makes you a better person, definitely. From the moment you come in it gives you a sense of morality really. The ceremonies teach you to make a better person of yourself and to get on with other people in a better way. It gives you a sense of meaning as well,’ he says.

Martyn adds: ‘what we say in Freemasonry is “Making Good Men, Better Men”. I think it makes you aware of what it is to be a better man.’





It's been hard for the Freemasons to shake off the secrecy and mystery surrounding their organisation. 'Freemasonry has been its own worst enemy in a way,' says Kenneth. 'Freemason's were scared to own up to being Freemason's and that didn't stop until probably the late 70's when they realised that there was no reason to be so private.'

Nobody was going to persecute them, certainly not in Western Europe, and we realised that we needed to be more open and transparent so that the public could trust us because there is a certain amount of distrust out there.'

It's clear in modern times that any organisation has to adapt or die and Freemasonry is adapting. 'Change is happening from the top,' says Kenneth. 'The Grand Master, His Royal Highness the Duke of Kent, has been Grand Master for 50 years and he's very forward thinking, as are his assistants.'

Kenneth is also one of the youngest Provincial Grand Masters to be appointed in Jersey, which has given him a different approach. He explains: 'I don't have all the fuddy duddy views of some of

the elders. I like to think that we need to engender opportunities for younger men and you can only do that if you modernise – that doesn't mean to say that you need to modernise the ceremonies because they don't need changing but it's the way that we approach them.'

The younger Jersey members would like to see things transition even further and Martyn White, who will become Master of De Carteret Lodge from October, has set up an offshoot called The Light Blues Club of Jersey. 'It's a social and educational club within the Jersey province of Freemasonry for all young and junior ranking Freemasons across the lodges,' says Martyn. 'It's just about like-minded people getting together to socialise and talk. We talk about our journey with the Freemasons and we talk about some of the questions we might not want to bring up in front of some of the more senior members.'

Christian Edwards is part of The Light Blues Club and he has some strong views on bringing the Freemasons into the 21st Century. 'Jersey is still a more traditional Freemasons society. It's not as modern as it should be but it's getting there and Martyn is working really hard with The Light Blues Club. Communication is absolutely key. I think with all these lodges that the better they communicate, the better they will flourish. We need younger freemasons with new ideas', states Christian.

The Freemasons need to adapt to make the membership more suitable to current lifestyles. Martyn says: 'it's about making the time count – shorter meetings, events that we're really interested in, a big social media presence and more social events and that's what I'm working on.'

He even managed to persuade a number of local Freemasons into the Mannequin Challenge last year and the video went viral showing that an overwhelming interest in the Freemasons still exists. 'We had about 1million hits and it went viral. It was all over the world – we received a massive number of hits from the US, Brazil, and from all over Europe,' says Martyn.

Changing anything constitutionally, however, may take a bit more persuasion. In fact, you could argue that many of the regulations, such as not allowing female members, are counter-productive to progression and equality. There are women's orders in Britain with 20,000 members, but Freemasonry is overwhelmingly male and the Grand Lodge does not recognise or approve mixed lodges. Kenneth says: 'there used to be two ladies' lodges in Jersey but sadly they folded through lack of members.' Martyn concludes: 'I don't think they would ever mix. It's not that we are excluding women from Freemasonry because there are women's groups that practice Freemasonry.'

Continental Freemasonry is now the general term for the "liberal" jurisdictions who have removed some, or all, of the restrictions regarding religion, women and discussion topics. Perhaps this is the Freemasonry of the future?

Either way, change is occurring and the Freemasons in Jersey are throwing open the doors. So, there is now little excuse for an opinion born from rumour and misinterpretation. There are 550 Freemasons in Jersey: they are your colleagues, neighbours, friends and family so don't leave it another 300 years to find out if they do actually make good men just that little bit better. ■



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*“The handwritten lyrics of ‘Like a Rolling Stone’ fetched \$2 million at auction”*

# MILLIONAIRE MEMORABILIA

WORDS: Martyn White

Collecting memorabilia is not just for the older generation, nostalgic for the past. There's serious money to be made, especially when it comes to fans of music and movies.

Collectors of Bob Dylan items will know that the handwritten lyrics of 'Like a Rolling Stone' fetched \$2 million at auction, whilst an electric guitar he used went for almost \$1 million more recently.

Topping that is the Jimi Hendrix guitar made famous for the spine-tingling rendition of the 'The Star-Spangled Banner' at Woodstock 1969, which was bought by Microsoft co-founder, Paul Allen, for \$2 million.

Elvis is still the King though, with his autograph value jumping from \$750 to \$3,500 between 2000 and 2016 according to the Autograph Index, an average annual increase of 10.1% over that time! ▶

*“Michael Jackson, Led Zeppelin and Nirvana are all cited as providing possible big pay-outs in 20 years or so for the risk-loving investor”*

## WHERE'S BEST TO INVEST?

A survey of three top auction houses by website JustCollecting revealed the items to invest in today for a healthy return 20 years from now. Autographed artefacts that represent the history or personality of a music star were the most valuable.

‘Guitars, clothing and hand-written lyrics are the holy grails of music memorabilia collecting, and investors should be prepared to pay large sums for these items. However, if they are supplied with a guarantee of authenticity they should prove to be sound investments,’ says JustCollecting.

‘Mass-produced merchandise rarely holds its value, unless it is associated with the Beatles. However, promotional items produced by record companies and not meant for re-sale are far more limited in number, and are often popular with collectors.’

Whilst 60s music stars such as Elvis, Bob Dylan, the Rolling Stones and the Beatles fetch big bucks, with the Beatles chosen as the top act to invest in by the auction experts, JustCollecting points to acts from the 80s and 90s as worth looking at right now due to their relative low-price and potential future value.

‘It’s all a matter of differentiating between the fly-by-night stars and the long-term investments, those individuals and events that will be remembered decades from now. These are the blue chip investments,’ says Paul Fraser Collectibles.

Michael Jackson, Led Zeppelin and Nirvana are all cited as providing possible big pay-outs in 20 years or so for the risk-loving investor. Madonna too is mentioned as being a good investment. The value of the Queen of Pop’s autograph has risen to over \$1,060, according to the Autograph Index. But buying an authentic Madonna autograph, or any other, may be more difficult than it seems, especially when autographs change over the years.



Gibson Les Paul signed by Jimmy Page



## A QUESTION OF PROVENANCE

One of the most important factors for investors to consider is that of provenance and without a guarantee of authentication, it’s an almost worthless investment.

‘The market is awash with fake goods, and counterfeit techniques have become increasingly sophisticated,’ says JustCollecting. ‘There are a number of experts and authentication companies that work in tandem with the major dealers and auction houses to guarantee the authenticity of the goods they sell. So, if in doubt the best course of action is to always buy from recognised, reputable dealers who offer a guarantee.’

‘Providing you’re investing in authentic memorabilia, with the back story and letters of authenticity to prove the provenance of items you’re purchasing, there are many reasons to invest,’ says Paul Fraser Collectibles in its free guide to investing in memorabilia.

The specialist memorabilia company, with offices in the US, UK and the Channel Islands, offers a growing number of collectible categories, which are indicative of the demand driven by today’s celebrity culture.

For the movie memorabilia collector, there’s the bonus of a finite supply of props too, ‘as the increasing use of computer-generated effects has led to a shortage of tangible items from movie studios...Plus, blockbuster auctions such as the \$18.6 million Debbie Reynolds collection of Hollywood memorabilia in 2011 reveal collectors’ growing passion for the best in vintage movie collectibles,’ says Paul Fraser Collectibles.

James Bond memorabilia has also proved popular following the success of the Daniel Craig Bond franchise. Christie's held a '50 Years Of James Bond' auction in 2013 that saw almost £1.7 million changing hands. But then James Bond has always been a collector's favourite. Those with serious money to invest will know that a customised Aston Martin DB5 used in Goldfinger and Thunderball, bought in 1970 for £5,000, sold in 2006 for £1.4 million. Four years later, another Aston Martin from the same Bond movies went for £2.6 million.

The vintage film poster category has also become widely collectable and highly valued among collectors worldwide, says Julien's Auctions, 'The Auction House To The Stars', with some of the most desirable posters dating back to the early horror films produced by Universal Studios.

In 2000, a 'Breakfast at Tiffany's' (1961) one-sheet poster (the most sought after poster size, measuring 27 by 41 inches) met success by selling for \$10,800 and in the same year a 'Frankenstein' (1931) reproduction three-sheet poster from 1938 sold for a remarkable \$43,125. The following year, a one-sheet 'Mummy' (1932) poster hammered for \$117,087, according to Julien's Auctions.

The magic of the movies, it seems, provides just as much value for collectors as music memorabilia.

If you want to invest in collectibles of any kind you should have a long-term investment timeframe and ensure it has the right provenance. The longer you hold on to that collectible, the more likely you are to enjoy a substantial return, giving you all the more time to enjoy your investment piece, knowing that it's gaining in value whilst you proudly show it off to your friends and family at every opportunity. ■

## WHERE THE MONEY IS



Marilyn Monroe



Sgt Peppers Lonely Hearts Club Band by The Beatles



Michael Jackson

### MOVIE MEMORABILIA

- Marilyn Monroe's "subway" dress from *The Seven Year Itch* sold for \$5.6m in June 2011, becoming the most valuable item of movie memorabilia ever sold. The dress had last auctioned in 1971 for \$400, a 27% per annum rise in value over 40 years.
- A pair of Monroe's earrings showed a 5.6% per annum rise in value in April 2014, selling for \$185,000.
- The piano used in *Casablanca* sold for \$602,500 in 2013, making a 5.9% per annum increase in value.
- James Dean signed photographs have soared in value from £1,600 (\$2,540) to £18,000 since 2000, at the rate of 16.3% pa, according to the PFC40 Autograph Index.
- The best film Oscar award presented to David O Selznick for *Gone with the Wind* sold for \$1.54m in 1999, a world record for an Oscar.

### MUSIC MEMORABILIA

- According to the PFC40 Autograph Index, Madonna's signature rose in value by 8.82% pa between 2000 and 2011, from £375 (\$595) to £950 (\$1,490).
- A signed red leather jacket, worn by Michael Jackson in the 1983 *Thriller* video, made \$1.8m at a US auction in June 2011.
- In 2013, a copy of the Beatles' *Sgt Pepper's Lonely Hearts Club Band* album, signed by John, Paul, George and Ringo, achieved \$290,500 - making it the world's most valuable Beatles signed album.



LUX



# McLaren FEROCITY

WORDS: JASON BARLOW

LUX<sup>2</sup> is pleased to welcome back motoring journalist and broadcaster Jason Barlow as our guest writer. Well known for fronting Top Gear before the re-launch with Jeremy Clarkson, esteemed as a long-standing contributing editor to Britain's GQ magazine and revered for his electric commentary in BBC Top Gear Magazine, he's a bona fide heavyweight on the automotive scene.

For LUX<sup>2</sup> he test-drives the McLaren 720S – a car with powerful ambition.



*“The challenge was to revolutionise the segment...We want to combine performance, emotion, refinement and efficiency in a single, beautiful whole”*

MARK VINNELS, McLAREN PRODUCT DIRECTOR

**M**claren, the motorsport titan, has been around since 1963. Although currently enduring lean times in Formula One, it's had some seriously hot winning streaks over the years. Ayrton Senna won his three world titles with McLaren; Lewis Hamilton his first. The McLaren Technology Centre, opened in 2004 and designed by Norman Foster, remains one of corporate Britain's most breathtaking buildings. McLaren even has an Applied Technology wing, which has found fascinating applications for its hi-tech know-how in areas as diverse as the military and medicine.

Against all this, you'd expect the company's Automotive division to impress. And it does, all the more so because there's an unexpected degree of humanity in its approach. Until relatively recently, McLaren's road car adventures have been limited to low-volume hypercars, most famously the mid-1990s F1, whose singular engineering focus still casts a giant shadow. A noughties collaboration with Mercedes yielded the dynamic but quixotic SLR. Since 2009, McLaren has gone it alone, with increasingly impressive results. Early teething troubles have been overcome, and the model line-up has successfully cohered around the Sports Series, Super Series, and Ultimate Series. A new £50m composites manufacturing facility has been confirmed in Sheffield, creating 200 new jobs. Apple, the world's

most valuable company, was reportedly rather keen on acquiring the company last year, but McLaren wants to remain independent and self-funding. Up to 30% of its turnover is reinvested in R&D, considerably more than the industry average, and indicative of the company's huge ambition.

Now, with the arrival of the 720S, it finds itself replacing one of its core cars for the first time. The headline figures include a power output of 710bhp, 0-62mph in 2.9 seconds, 0-124mph in 7.8, and 0-186mph in 21.8. This is the stuff of fantasy, but McLaren is also aware that the people who buy these cars want more than just the appliance of science in the name of numbers. According to product director Mark Vinnels, 'the challenge was to revolutionise the segment. But we also wanted to make a big leap in entertainment. We want to combine performance, emotion, refinement and efficiency in a single, beautiful whole.'

So the 720S also had to look other-worldly, without shunning the conventions of automotive aesthetics. 'Design is where you bring all the elements together,' chief designer Rob Melville says. 'Styling is just one aspect of it. We want to create breathtaking products that tell you the visual story of their function...it has to be authentic, the proportions need to be perfect and we are always brave.'

McLaren's prowess in aerodynamics is second-to-none, so the 'functional jewellery' in question is there to hustle air over the car in the name of generating downforce, and to deliver cooling air to the mid-mounted, 4.0-litre twin-turbocharged V8 engine. Unlike the Ferrari 488 GTB and other mid-engined cars, the McLaren doesn't have gaping intakes slashed into its body sides. The doors have a double skin, which channels air into the high-temperature radiators that cool the engine, and there's a channel carved into the upper section. The doors are also 'dihedral', and open to 80°. Cars like this often look great but are painful to live with. Not here: it's an unusually easy car to get in and out of. Vehicle line director Haydn Baker says, 'from a purely mechanical point of view, the doors have been a huge challenge for us. We had our equivalent of a SWAT team on them for two years. We're calling this a piece of theatre, which means we're drawing people to it. And if we're doing that, then it needs to work!'

You'll notice some unusual features at the front of the 720S too. Its 'eye socket' apertures duct air below the LED headlights, and the front spoiler and bonnet gills are expressive as well as functional. At the rear, there's an active wing that spans the full width of the car, adjusting itself according to optimal aerodynamic need. It's also a high-speed brake; it will adopt its most extreme 'airbrake' angle in less than half a second if you need to stop suddenly. ▶

McLAREN FEROCITY



*“...if you do decide to bury the throttle,  
the McLaren warps forward with such  
ferocity that it’s less a sports car and  
more a four-wheeled time machine”*

JASON BARLOW





McLaren says 91% of the 720S is new, and the engine has been heavily revised. The twin turbos spool up much faster than before to reduce lag and sharpen throttle response. Aware that the current engine lacks character at lower revs, McLaren has reworked the harmonics on the new one. The optional Sports Exhaust (at £4750) uses an intake sound generator to pump more volume into the cabin via twin vents mounted between the seats on the rear bulkhead. The whole lot is visible through the rear glass, and the engine bay is illuminated. It's certainly theatrical.

Amazingly for such a powerful car, the 720S lets you get settled very quickly. Tyre noise and mechanical thrum are almost non-existent at regular cruising speeds. You might even begin to wonder what all the fuss is about. But if you do decide to bury the throttle, the McLaren warps forward with such ferocity that it's less a sports car and more a four-wheeled time machine. Major self-control is called for, even if this is a car of the utmost engineering integrity, and ingenuity. You can tell it's battling the forces of physics, and the rear tyres squirm as all that power is fed to the road, but it's an intoxicating experience.

It's also clever. McLaren's ingenious multi-adjustable Proactive Chassis means that the driver can choose between Comfort, Sport or Track mode according to where they are and how they're feeling. PCC II uses multiple sensors, including an accelerometer on each wheel hub, to monitor inputs from the road and measure the tyre contact patch. The information is processed in milliseconds by the 'Optimal Controller' algorithm at the heart of the system, and the damping adjusted accordingly. (This was done in conjunction with a team of Cambridge University maths PHD students). Even when you approach the car's limits,

software is there to rein in the excesses. Variable Drift Control, which, according to McLaren, 'delivers additional enjoyment in Sport and Track modes, with finger-tip control of Electronic Stability Control intensity', allows even relative novices to experience the thrill of going sideways without the tears – or insurance bill.



Inside, the 720S is part race-car, part contemporary luxury GT. The steering wheel is perfectly sized, and avoids the modish festival of buttons most of its rivals go for. The drive mode controls live in a vertical pod to the left of the wheel. The main read-outs are housed in a secondary binnacle above the main display. The D, N and R buttons are in another pod that tapers towards the bottom. The doors eat into the roof, but this makes getting in easier. It's beautifully finished too. And it ought to be for £210,000 before options (and the options list is extensive).

McLaren and Ferrari have long co-defined each other on the global racing stage. Now they're doing it on the road too, to the benefit of all of those who love cars and superb engineering. ■

# TALE

**Coat**  
Manna | Essentials | Coat £340  
**Top**  
Voisins | Paul Smith | Shirt £212  
**Bottom**  
Manna | Malene Birger | Trousers £128



# CREED

## Reflections

Masculine edge essentials meet floral romanticism. Unusual proportions accentuated by layering and softened by playful prints. This tailored boyish trend looks edgy combined with the right dose of femininity

Photographer & Stylist: Danny Evans  
Model: Ellysia Spears  
Makeup: Decia de Jesus, Kiss & Makeup





**Blazer**

Renaissance | Marc Cain | Blazer £359

**Top**

Renaissance | Marc Cain | Blouse £155

**Bottom**

Renaissance | Marc Cain | Trousers £225

**Scarf**

Renaissance | Marc Cain | Scarf £109

**Shoes**

Renaissance | Marc Cain | Brogues £145



**Coat**  
Manna | Essentials | Coat £340  
**Top**  
Manna | Baum und Pferdgarten | Shirt £145  
**Bottom**  
Voisins | Paul Smith | Trousers £171  
**Shoes**  
Voisins | Kurt Geiger | Sandals £150



**Coat**

Manna | Essentials | Coat £340

**Top**

Voisins | Paul Smith | Shirt £212

**Bottom**

Manna | Malene Birger | Trousers £128

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**Cardigan**

Renaissance | Marc Cain | Cardigan £829

**Top**

Voisins | Paul Smith | T-shirt £88

**Bottom**

Renaissance | Marc Cain | Skirt £169



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**Cardigan**

Renaissance | Marc Cain | Cardigan £829

**Top**

Voisins | Paul Smith | Shirt £131

**Bottom**

Renaissance | Marc Cain | Trousers £249



Top  
Voisins | Weekend | Shirt £110  
Bottom  
Voisins | Paul Smith | Trousers £171



**Top**  
Voisins | Paul Smith | T-shirt £88  
**Bottom**  
Renaissance | Marc Cain | Skirt £169



**Jacket**

Voisins | Tresophie | Jacket £191

**Top**

Renaissance | Marc Cain | Shirt £155

**Bottom**

Renaissance | Marc Cain | Trousers £249



**Blazer**

Voisins | Reiss | Blazer £221

**Top**

Voisins | Michael Kors | Blouse £118

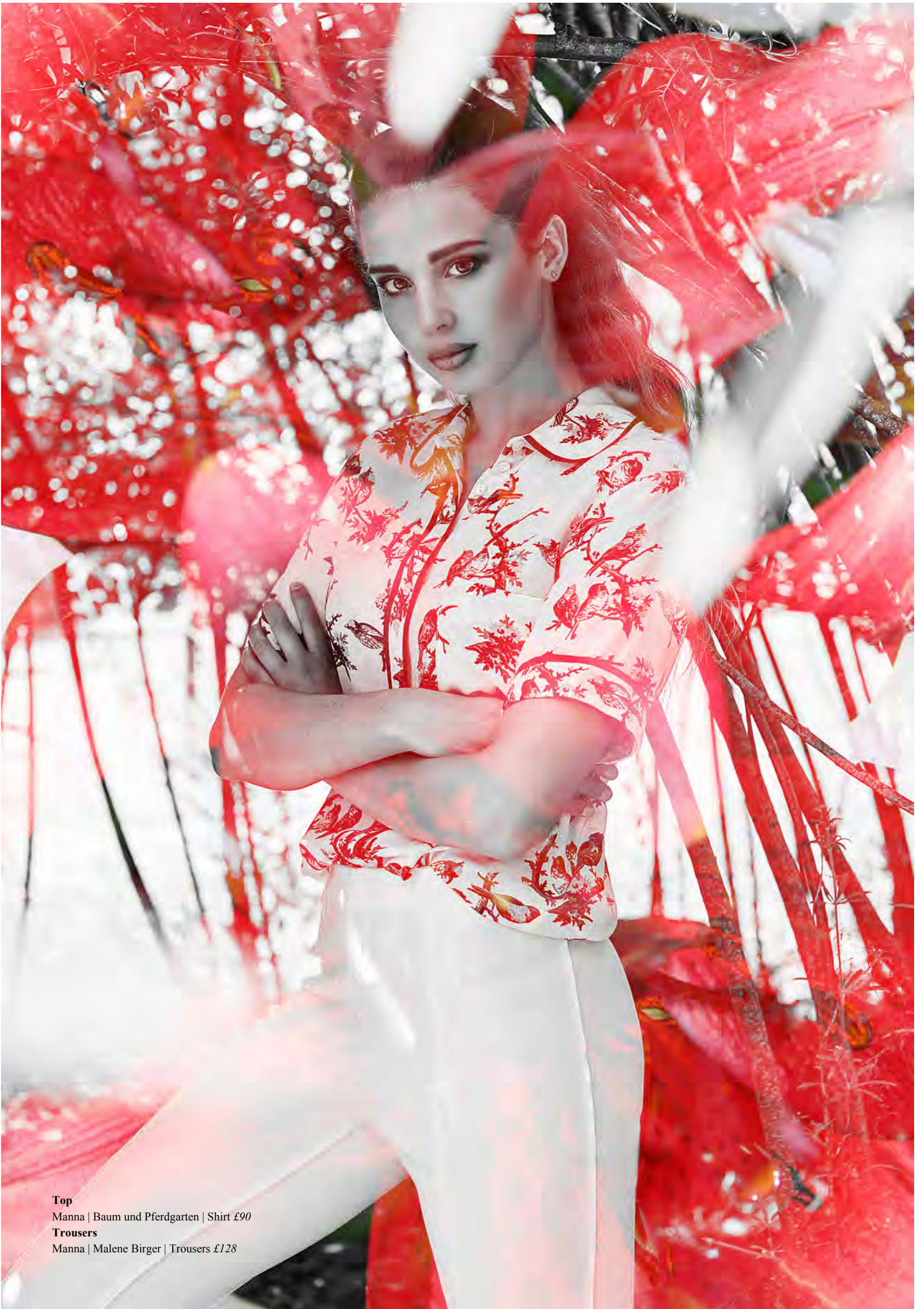
**Bottom**

Voisins | Michael Kors | Trousers £135

**Shoes**

Renaissance | Marc Cain | Brogues £149





**Top**

Manna | Baum und Pferdgarten | Shirt £90

**Trousers**

Manna | Malene Birger | Trousers £128

**Blazer**

Manna | Set | Blazer £333

**Top**

Voisins | Paul Smith | Shirt £131



LUX<sup>+</sup>



# THE DESIGN ALCHEMIST

**Hot on the heels of the launch of his new collection, sought after British designer Zaeem Jamal invited LUX<sup>™</sup>'s Editor, Natasha Egré, to his exclusive design studio in London to talk artisan secrets, bespoke couture and client discretion**

**F**rom his magical design studio in London's Imperial Wharf, to his stunning boutique on the iconic King's Road, the British designer heralded as the UK's 'alchemist of design', crafts the subtle and the sublime for his discerning female clientele.

Zaeem Jamal is no ordinary designer. His creations are exquisite, luxurious and intricate. Thought goes into every single detail, from the research through to the thread and hand sewn crystals. The man himself is understated and softly spoken, channelling all his energy into jaw-dropping designs and ensuring complete client satisfaction. He is the 'in favour' designer of royal families, celebrities and distinguished private clients. Many fashionistas have been spotted

in Zaeem's creations, including Vanessa Hudgens, Anita Briem, and Minissha Lamba. However, you will never hear Zaeem discuss his clients and the confidentiality he affords them is part of the discreet service he provides.

He says: 'a key element of the House is that we maintain discretion around our clients. In terms of demographic, our clientele is as diverse as our collections, and the brand appeals to a wide range of women sharing our vision, passion and core values. Our clients share a key common thread that centres around finding effortless luxury clothing which reflects their unique sense of style, balance and beauty.' ▶



Photo: James Carnegie



Zaem knew he had an eye for fashion at a very young age but he also had a mind for academia so he began his studies at the London School of Economics. It was only later, after some time working in the city, that he decided to follow his dream into fashion. This unique mix of intelligence and design flair has a distinctive effect on his collections. Every piece is thoroughly researched and tells an elaborate story. A number of the collections are historically inspired and Zaem is committed to the revival of heritage craftsmanship.

His family have also been a great inspiration. Both his paternal and maternal grandfathers were part of the textile industry and his appreciation for art and quality came from his parents. Zaem says: ‘growing up, my parents both loved fashion, and had an amazing and meticulous eye for beauty – it was never about the brand or the price, but about finding items which genuinely looked great, fitted well and felt good.’

Zaem uses a variety of stimuli. He appreciates designs from several spheres including art and music. ‘I admire various forms of design,’ he explains. ‘There are some amazing independent artisans and artists, who I really admire for keeping unique crafts alive, especially in the midst of the growing digital movement. We

recently collaborated with an amazing sculpturing artist from Somerset who is really inspiring and has a unique way of working with copper wire. She is not afraid to explore her medium to the limit and beyond.’

Several residents from the Channel Islands are on Zaem’s key client list. The design studio is easily accessed from London’s major airports and the studio will also send a car to pick up clients from the London heliport which is five minutes away.

**“We appear to be at a time of great transition, and I feel an emerging spirit of freedom, rebellion and evolution”**

Zaem also insists on a trip to Jersey every year where he has strong connections to the Durrell Wildlife Conservation Trust. ‘I feel blessed for the opportunity, through what we do, to be able to work with amazing institutions such as Durrell,’ says Zaem. ‘It was lovely to recently attend the movie premiere of a conservation project that we

were able to support, and it was really touching to see everyone come together across various continents to help protect a species that nearly become extinct not so long ago.’

Nature has in fact inspired Zaem in the past and many of his glamorous photoshoots have taken place in beautiful natural surroundings. His latest collection is entitled ‘Emergence’ and reflects what Zaem sees in himself and the world around him. ‘We appear to be at a time of great transition, and I feel an emerging spirit of freedom, rebellion and evolution,’ he explains.

‘Some of the physical inspiration has come from nature, especially the juxtaposition of the strong and enduring mountains of Snowdonia, and the beautiful, fragile flora and fauna of Snowdonia and Wales. The colour palette reflects flowers blooming in the summer, and we feature some really vibrant digital prints.’

When approaching bespoke couture for private clients, Zaem finds a different dynamic. He says: ‘the client herself becomes the inspiration. We discuss her style preferences, her likes, her vision for how she wishes to feel and reflect at the event, along with all her needs and requirements – from the formality of protocols to the need to be able to enjoy a dance floor! Each element ▶



*“My achievements  
are directly related  
to my clients’  
satisfaction”*

ZAEEM JAMAL



*“The client herself becomes the inspiration. We discuss her style preferences, her likes, her vision for how she wishes to feel”*

ZAEEM JAMAL

becomes part of the story and inspiration for me to create and bring to life an extremely special and unique piece for her.’

In Zaeem’s company, it’s easy to get lost in a romantic world of silks, silhouettes and symmetry. He talks about fabrics and embroidery as if they are living beings and it’s completely captivating. He cares so deeply about the quality of fabrics and lace, the craftspeople working on the finer details and the beauty of every element. ‘We are famous for rejecting more fabric than any other design house,’ he states. ‘We meticulously inspect every inch of fabric under a light box – this allows us to ensure the appearance of the fabric, especially as we hand dye silks to our own unique palette.’

You can be assured of the finest materials, sourced from prime locations and hand made by the most experienced craftsmen. ‘Our signature clutches in white and black are crafted using beautiful textured leather from New Zealand, whereas the metallic special editions are made from nappa leather sourced and treated in Italy,’

**“We are famous for rejecting more fabric than any other design house”**

ZAEEM JAMAL



Photo : James Carnegie

explains Zaeem. ‘It’s similar with our silks – traditionally the finest raw silks have come from Asia which is where we continue to source. We also have arrangements with the best European lace houses.’

Zaeem has created many outstanding and thoroughly extravagant pieces for private clients. His current couture Bridal collection features a phenomenal hooded bridal cape which took several thousand hours of exquisite hand craftsmanship to complete. ‘Setting intricate hand embroidery on delicate fabrics is an art in itself,’ says Zaeem. ‘It requires a lot of focus, dedication, love and passion as well as time, care and attention to detail. The cape includes fastidiously detailed embroidery made by hand with silver thread and set with special rainbow tinged crystals.’

Customers can peruse several of Zaeem’s creations in his boutique on King’s Road. Additionally, clients are welcome to attend the more private design studio where they can relax in comfort and enjoy the entire bespoke process. ‘We established the design studio as a warm, safe, creative and discrete private space for clients to relax,’ explains Zaeem. ‘From exchanging ideas and concepts, feeling fabrics, selecting colours and embroideries, to trying on silhouettes, everything is done in an attentive and inspiring setting. We also have champagne on ice!’



Zaeem attends special, discrete showcases at various global destinations such as Paris, Hong Kong and Dubai. His global reach is undeniable but in each location his drive remains the same: ‘my achievements are directly related to my clients’ satisfaction, and this is how I measure both how far I have come, and how far I have to go,’ he says. ‘The biggest sense of achievement is when a client steps out of the changing room and you know that she has found “the” dress.’

It’s clear to see that Zaeem is one of few designers weaving dreams into reality. It appears there’s much more still to come from this enchanting alchemist of design. ■



Photo: James Carnegie





WORDS: LAURA WELSH

Grace Belgravia

**W**hen asked to picture a professional ‘club’ what springs to mind? Perhaps the stereotypical Gentleman’s Clubs as depicted by PG Woodhouse, strictly ‘members only’ with dusty drawing rooms full of large wingback chairs and a cloud of cigar smoke? Whilst certainly clubs like this do still exist, times are changing and the fastest moving area of this sector is the rise of the ‘female-only’ club or society, where professional women can meet like-minded individuals to network, collaborate, debate and enjoy social events.

According to data from Grant Thornton UK LLP, published to coincide with International Women’s Day 2016, 21% of senior roles in British businesses are held by women. Women are now leaders in almost every sector of industry, and what comes with this success is the need to interact with other professional women. They are doing this in their own way and they want to network in an environment that suits the way they do business. This is where clubs such as The Sorority come in, with London leading the way.

Founder of the Sorority, Lisa Tse, launched her club in 2010 with the aim of providing women with an environment in which they can support their friends and bring the best out of each other – something research shows that women do naturally when in a group. As Katie Derham, member of The Sorority puts it, ‘women are very good at being part of a gang, being collegiate, but we don’t have much structure to be collegiate.’

What sets these new clubs apart is the fact that many do not have permanent premises, preferring instead to favour the ‘pop up’ model whereby they can choose venues that suit both the occasion and the guest list. This ability to be agile and fleet of foot reflects the fast moving environment that these women work in and also takes advantage of the rise of social media platforms for networking and collaborating.

LUX<sup>2</sup> took a look at some of the leading women’s clubs and societies in the UK to see what’s enticing the growing membership.

“WHEN THE CLUB WAS FOUNDED IT HAD THE GOAL OF PROVIDING EDUCATED WOMEN WITH A RETREAT FROM THE STRESS OF LONDON”

## IN THE SPOTLIGHT

**THE UNIVERSITY WOMEN'S CLUB**  
2 Audley Square, Mayfair, London W1K 1DB

**GRACE BELGRAVIA**  
11c West Halkin Street, Knightsbridge  
SW1X 8JL

**TROUBLE CLUB**  
The Groucho Club, Soho  
Corinthia Hotel, near Westminster

**THE SORORITY**  
Gresham House, 2nd Floor  
24 Holborn Viaduct EC1A 2BN



### THE UNIVERSITY WOMEN'S CLUB

Intriguingly, this club was founded in 1887 by Miss Gertrude Jackson of Girton College, Cambridge, at a time when women could study at university but not graduate. The University Women's Club is open to any female university graduate, the holder of a qualification from a professional body, or a woman who has achieved experience and distinction in her field.

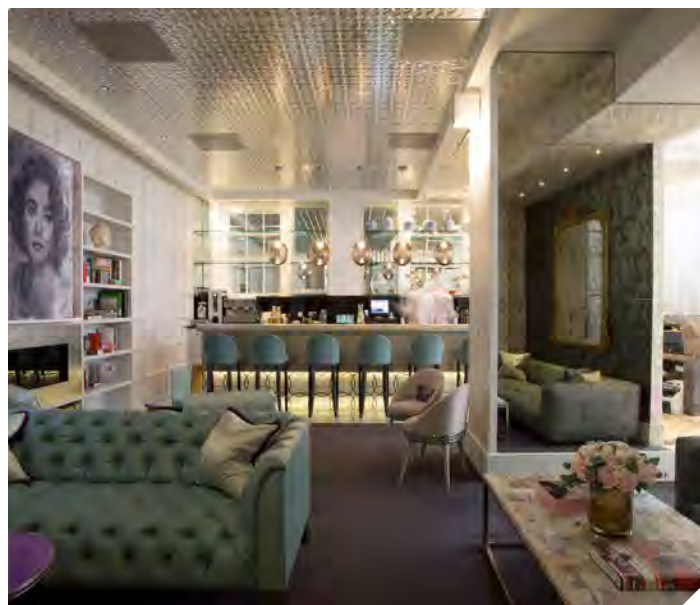
When the club was founded, it had the goal of providing educated women with a retreat from the stress of London, as a resource with its library and intellectual events and as a network for busy women to meet and engage with likeminded individuals. Today the club has a home in Audley Square with rooms and a dining room for all members to enjoy as well as 22 bedrooms which members and their guests can book for an affordable rate.

Members include women of all ages and backgrounds with a variety of careers, who meet in the club to relax, meet other members and network. The club provides an events program including Thursday night suppers and cocktail parties on the last Friday of every month.

#### Membership

Membership of the University Women's Club is by proposal from an existing member and approval by the General Committee. However, anyone interested in membership can apply for an invitation to a Chairman's Reception to see the club for themselves and can then apply to be considered if they wish. Membership costs £670 for those living within 50 miles of Hyde Park Corner and £413 for those further afield. There are also overseas and Country membership options and Junior Graduates can join before their 26th birthday for a reduced fee.

Men cannot apply to be members of the University Women's Club but are welcome on the premises and can stay in the rooms if booked in by a member.



### GRACE BELGRAVIA

Based in the heart of London's exclusive Belgravia and founded by a team of medical experts and therapists, Grace Belgravia is London's only well-being and lifestyle club specifically for women.

**"GRACE BELGRAVIA OFFERS A RANGE OF MEMBERSHIP OPTIONS INCLUDING SUMMER MEMBERSHIP, PREGNANCY MEMBERSHIP AND BRIDAL MEMBERSHIP FOR THOSE PLANNING A LIFE CHANGING EVENT"**

From its stunning premises, the club provides everything from luxury spa treatments, nutritional therapy and personal training through to life coaching and a full networking and events calendar. They aim to provide something for every woman at every stage of their life.

#### Membership

Grace Belgravia offers a range of membership options including Summer Membership, Pregnancy Membership and Bridal Membership for those planning a life changing event. As well as full use of the club's facilities, members can enjoy access to over 100 group classes a week and reciprocal membership of exclusive partner clubs worldwide including the Dubai Ladies Club and Verity, Toronto's luxury private members-club for women. ▶



Grace Belgravia



## TROUBLE CLUB

The Club's mission statement is to 'enliven your mind, expand your circle of friends, and to build a society of smart and engaged people who share the same interests.'

Founded in 2014 by Evening Standard journalist, Jo Lo Dico, Trouble started life as a pop-up club, running evening events and dinners for women in and around Soho. While Trouble has no physical 'club' to visit, they work with some of the finest venues in Central London.

### "THE CLUB HOSTS A RICH PROGRAMME OF TALKS, DEBATES, CULTURAL EVENTS AND EVEN MEMBERS TRIPS ABROAD"

Trouble is led by women and has a mission to bring great women together. They encourage bonding across the group and invite inspirational women speakers to the stage. To this end, the club hosts a rich programme of talks, debates, cultural events and even members trips abroad. Recent examples include 'Make Love Not War', an evening with Rowan Pelling, former editor of Erotic Review, talking about her new magazine *The Amorist*; lectures by Professor Julia Hobsbawm on managing the sheer amount of data swamping our lives; and 'Le Diner Francais' – a three course dinner and discussion on the future of France in the current political climate.

#### Membership

Membership costs £45 for six months and includes discounted tickets for all Trouble events (a typical talk costs £8 for a member and a friend), access to exclusive members' dinners and invitations to private cultural evenings. Members can also promote their own events or appeal for collaborators via the Trouble monthly newsletter, which is sent to thousands of subscribers.

Men are welcome to join Trouble, but are warned when doing so that they will be seriously outnumbered at events.



**“WOMEN ARE VERY GOOD AT BEING PART OF A GANG, BEING COLLEGIATE, BUT WE DON'T HAVE MUCH STRUCTURE TO BE COLLEGIATE”**  
 KATIE DERHAM, MEMBER OF THE SORORITY

## THE SORORITY

Founded in 2010 by businesswoman and brand expert, Lisa Tse, The Sorority is an exclusive, invitation-only, private society for professional women. The club is an online network for women to collaborate and connect with each other through a private online portal and via exclusive events hosted by both The Sorority and its members.

Members of The Sorority are referred to as Sisters, and include international businesswomen, film producers and directors, philanthropists and managing directors. 4% of the members of The Sorority are members of royal families. Men are welcome at events hosted by the club but only as guests of attending members.

### Membership

Annual membership costs £1,000 plus VAT and new members must pay a £500 registration fee. Membership is strictly by invitation only, with prospective members being required to be able to demonstrate a unique achievement as a businesswoman, entrepreneur, leader or pioneer. Applications are considered by anyone wishing to join. ■



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# DECADENT Gifts FOR HER

Choosing a gift for someone who seems to have everything can be difficult. At LUX<sup>2</sup>, we have spoken to some of our favourite designers to make it that little bit easier when treating someone special, or even yourself.

*“I have the simplest tastes. I am always satisfied with the best”*  
– **Oscar Wilde**



© BVLGARI

## **Emperor Inspiration** *BVLGARI*

Introduced in 1999, the original B.Zero1 ring was inspired by Emperor Vespasian’s architectural statement of power and Rome’s famed amphitheatre, the Colosseum.

Originally designed as a ring, the B.Zero1 has been reinvented over the years and is now wearable as both a necklace and a bracelet. Most recently, the design was revolutionised by the late renowned architect, Zaha Hadid. By encompassing her architectural creativity, the piece now has new life with sweeping curves and softer waves, creating the perception of movement.

Made from 18ct pink-gold, the B.Zero1 necklace is a contemporary take on an established piece, perfectly combining creativity and elegance.

*Available from BVLGARI - £2,270*  
[www.bulgari.com](http://www.bulgari.com)



© Cartier

## **A Symbol of Love** *Cartier*

Originally introduced by Cartier’s Aldo Cipullo in 1969, the Cartier LOVE Bracelet was inspired by the chastity belts worn by women during medieval times. The symbolism of the piece is that love should reflect permanence.

During the 1970s, Cartier cemented the romantic symbol of the LOVE bracelet by gifting his-and-hers bracelets to famous couples such as the Duke and Duchess of Windsor, Elizabeth Taylor and Richard Burton and Ali MacGraw and Steve McQueen.

The original LOVE bracelets were gold plated, but as demand grew Cartier started creating a solid gold version, which required a screwdriver to remove it from the wearer’s wrist. In 1979, they introduced a diamond-studded version and today the iconic design is available in gold, pink gold and white gold.

Classic and timeless, the LOVE bracelet is the ultimate sign of romance.

*Available from Cartier - £8,650*  
[www.cartier.co.uk](http://www.cartier.co.uk)



### **Hollywood Glamour**

*Zaeem Jamal*

Step out in style with these stunning limited edition silver pumps. Hand crafted in Italy with the softest nappa leather, these striking heels are exquisitely embellished - each crystal individually applied by hand, set with intricate silver thread embroidery meticulously woven over fine hand piping to lift texture and enhance radiance. The old school Hollywood glamour of Dietrich, Gabor and Monroe, is reflected in a contemporary and wearable aesthetic.

Not since Ferragamo has there been a designer so committed to making glamorous and elegant shoes so comfortable, wearable and supportive. Each aspect of the aesthetic is carefully considered, finely honed and perfectly balanced, to deliver some of the world's finest heels, for some of the world's finest feet.

Zaeem Jamal limits production to 200 pairs of shoes a year, ensuring each pair of shoes is of the highest quality, and that his shoes are some of the most sought after pieces of wearable art in the world.

*Available exclusively at Zaeem Jamal - £595*  
*[www.zaeemjamal.com](http://www.zaeemjamal.com)*



© Saint Laurent

### **Iconic Rebellion** *Saint Laurent*

Yves Saint Laurent founded his now iconic couture house in 1961, creating original designs that women of the times lusted after. Dressing female models in masculine tailoring for his runway shows and introducing designs like the pea coat, Yves Saint Laurent led the way in creating a vision that still excites over 50 years later.

The brand, now known as just Saint Laurent, continues to produce statement pieces fusing together iconic rebellion and sophistication. The Monogram Collège Satchel is a clear example of just how well Saint Laurent combine a classic style with a modern edge.

The small quilted leather satchel is cut from the finest leather and fitted with a distinctive black curb-chain shoulder strap. The magnetic flap closure is finished with a statement YSL logo in the same black hardware, keeping the bag both feminine and edgy.

*Available from Selfridges - £1,540*  
*www.selfridges.com*



© Dior

### **On Trend in Crystal** *Dior*

Like so many trends that have been emerging recently, this one started with celebrities. The art-deco Christian Dior So Real sunglasses have been seen on everyone from Rihanna to Olivia Palermo.

The So Real shades are part wayfarer, part aviator with mirrored lenses and a bridgeless frame, combining sophisticated architecture with a sporty style, making them versatile and striking.

Since launching in 2014, they have become one of Dior's most popular styles and are now available in multiple colours, most recently being re-launched in the Autumn as the 'Dior So Real Pop' collection which now includes pink, blue and yellow lenses.

For those not brave enough to go bold, the 'Crystal' option has silver metal detailing, a silver mirrored lens and thin black acetate temples.

*Available from Dior - £335*  
*www.dior.com*



**Modern Romance**  
*Hettich*

Every diamond is unique. Just like the person who'll be wearing it. As a natural gem, every diamond has its own characteristics, from cut, colour, clarity and carat weight to the individual presence a diamond has when it sparkles in the light.

With over a century of expertise in diamonds, Hettich Jewellers understand the true value of the spectacular pieces they sell. Far more than just a diamond, each gem symbolises an emotion, a life commitment or captures a precious memory forever. At Hettich you'll discover the experience of choosing a diamond is as special as the stone itself, with a team of diamond experts always at your service to help you find the perfect gem.

*Diamond rings available from Hettich from £750  
[www.hettich.co.uk](http://www.hettich.co.uk)*



**Pendant Perfection**  
*Aurum of Jersey*

Sometimes you come across a piece of jewellery that you know will stand the test of time and be just as beautiful in decades to come. Aurum of Jersey's pendant in 18ct white gold is one such piece.

The drop design combines elegance and glamour centring on a beautiful button pearl. The eye is drawn to the exquisitely set diamonds that frame the centre piece.

This bespoke pendant combines beauty, craftsmanship and the finest stones. With years of experience in creating fine jewellery, the artisans at Aurum personally select their diamonds and gemstones ensuring that every pendant is a piece of perfection.

*Available from Aurum of Jersey - £2,930  
[www.aurumjewellers.co.uk](http://www.aurumjewellers.co.uk)*



DESIRABLE  
**Gifts**  
 FOR HIM

Trying to please a man with exquisite taste can be particularly challenging. The style team at LUX<sup>2</sup> have worked with their favourite designers to compile a collection of stylish accessories, timeless jewellery and an opulent timepiece to make gift giving simple.

*“What you wear is how you present yourself to the world.  
 Fashion is instant language” – Miuccia Prada*



© Omega

**The Moonwatch**  
*Omega*

For over 160 years, Omega have been creating timepieces inspired by innovative adventures in sports, cinema, space and the ocean. They have built a respected brand through the meticulous attention to detail that goes into their collections.

In 1969, the Omega Speedmaster became the first watch to be worn on the moon and since then it has remained the chronograph of choice for astronauts and space agencies on an array of great adventures. The Speedmaster has been worn on all six lunar landings and subsequently acquired the nickname ‘the Moonwatch’.

Made from a stainless-steel case and designed with a black face covered by hesalite crystal, the Speedmaster Moonwatch captures every element of its heritage of adventure whilst still remaining modern and tasteful.

*Available from Harrods - £3,520  
[www.harrods.com](http://www.harrods.com)*



© Oliver Peoples

### **Dark Military** *Oliver Peoples*

Since the first Oliver Peoples collection in 1987, the same passion and dedication has gone into handcrafting every pair of sunglasses using the finest materials, ensuring the end result is always unique and distinctive to the brand.

Oliver Peoples are known for their custom acetate coloured frames that are hand constructed in Italy in various hues of tortoiseshell.

The Byredo frames are finished with a distinctive keyhole bridge and vintage style pins. Coming in seven colours, there's an option for everyone. At LUX<sup>2</sup> we like the Dark Military version complete with green polarized glass lenses and an all over hue of army green. These sunglasses are the perfect combination of retro and refinement.

*Available from Selfridges - £351*  
[www.selfridges.com](http://www.selfridges.com)



© Bottega Veneta

### **Master Craft** *Bottega Veneta*

Since being founded in 1966, Bottega Veneta have built their reputation on the longstanding heritage and traditions of Italy's master leather craftsmen. The brand's workshop remains in Montebello Vicentino, in the Veneto Region of Italy.

The Intrecciato bracelet is engraved with the same iconic weave as the brand's premium leather bags. The sterling silver bracelet features Bottega Veneta's trademark oxidised finish with an overlapping design that includes a hidden clasp, beautifully created to make a soft click when fastened.

Every piece within the jewellery collection is focused on craftsmanship and timelessness with master jewellers' attention to detail apparent at every stage.

*Available from Bottega Veneta - £420*  
[www.bottegabeneta.com](http://www.bottegabeneta.com)



© Smythson

### **The Burlington Collection** *Smythson*

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Being one of only eight companies worldwide to have simultaneously held four Royal Warrants, Smythson of Bond Street produce premium leather goods that don't compromise on luxury or versatility.

The Burlington collection is created from soft grained deerskin and is designed to functionally see you through from the office to the airport. The briefcase comes with an optional, adjustable shoulder strap for practicality and is finished with silver hardware which gives a refined and sophisticated look, complementing the otherwise masculine shape.

Finished with Nile Blue stitching and a personalisation tag, no part of this day to day accessory has been left without a mark of the Smythson meticulous craftsmanship.

*Available from Smythson of Bond Street - £995  
[www.smythson.com](http://www.smythson.com)*



### Object of Desire

*Hettich*

Why choose between form or function when you can have both? Known for its chic jewellery and watches, Cartier gave its design team the challenge of creating a highly functional diver watch that would still echo the classic brand's elegant lines. The result? The stunning Calibre de Cartier Diver watch available at Hettich. And if you thought a diving watch couldn't be chic, then take a closer look at this 42mm steel beauty, with its midnight black dial and rubber strap. Equally at home at a Jacques Cousteau-worthy 300 metres or standing up to the rigours of a work hard / play hard lifestyle, the Calibre de Cartier Diver watch is truly on form.

*Available from Hettich - £5,556*  
*www.hettich.co.uk*



### Celestial Cufflinks

*Aurum of Jersey*

The designers at Aurum of Jersey have created a beautiful range of exquisite cufflinks. The collection has been titled 'Orbit' and the pieces are celestial in design and inspiration.

The cufflinks are the perfect finish to every discerning man's attire. The designs are showcased in sterling silver with a refined satin finish. The silver is set with black diamonds, which have become one of the most popular coloured diamonds in recent times. The beautiful diamonds portray quality whilst retaining an air of understatement.

The Orbit cufflinks are also available set with striking blue sapphires which are skillfully set amongst the black diamonds to achieve an elegant design.

*Available from Aurum of Jersey from £460*  
*www.aurumjewellers.co.uk*

RETREAT TO  
*Reality*

WORDS: Laura Syvret  
PHOTOS: Ollie Jones

*LUX<sup>2</sup> sent intrepid journalist Laura Syvret on a mission to trial one of Jersey's newest, elite wellness retreats. Run through St Brelade's Bay Hotel, Island Retreats bring a whole new meaning to the word fitness when it comes to body, mind and soul*

Does everyone start a retreat the way I did... feeling seriously apprehensive as I scanned the itinerary filled with early mornings, superfoods, mindfulness, and fitness activities with ambitious titles like 'Born to Run'?

My idea of a relaxing and tranquil retreat was replaced with concern that I wasn't cut out for what was to come. I'm not a fitness freak, I'm most certainly not 'Born to Run' and, when it comes to eating, I'm even intolerant to the superfood king that is avocado!

So, with trepidation, I embarked on my first taste of a wellness break with 'Island Retreats'. The new lifestyle retreat is based in Jersey at the beautiful St Brelade's Bay Hotel. Overlooking sandy shorelines and surrounded by breathtaking views, it's the perfect backdrop for wellbeing and fitness.

Island Retreats is run by personal trainer Lewis Smith and offers a complete package, redefining all areas of the term 'fitness'. The purpose is to invigorate your body through exercise, relax your thoughts through mindfulness and refuel you with a healthy and plentiful menu that has been designed by nutritional experts to leave you feeling energised.

Island Retreats brings together some of the best fitness professionals that the Island has to offer and they will always cater for each individual's fitness level and ability (...thank god!).

#### SETTING THE TONE

My first activity was yoga and a chance to wake up and shake up. I learnt that yoga is a great way to get stretched and poised for the day. The Island Retreats' yoga instructor, Vanessa Garret, provided a perfect dose of tummy toning and positive poise. She pointed out that yoga is not about touching your toes or pursuing perfection but rather embracing your own ability and how you feel.

She explained that we often spend too much time comparing ourselves to others and how limiting this can be. Vanessa believes that if we focus more on how something makes us feel, stop worrying about how we are perceived and put ourselves in the position where we don't have to be perfect all the time, we'll live happier in the present.

This might seem deep for a 7am session but it was this frame of mind that set the tone for my Island Retreats experience.

*“Kayak around to the secluded cove of Beauport beach - one of the best ways to experience Jersey's coastline”*

#### A LITTLE SWEAT IS GOOD FOR THE SOUL

Unlike many retreats which focus on honing just one activity, Island Retreats provide a tasting menu of activities, from HIT training and boxing on the beach, to water sports, run-training and off-road cycling. Whilst I highly recommend taking part in every activity, no one will point the finger if you'd rather skip a class and hit the spa instead.

My retreat continued with a kayak around to the secluded cove of Beauport beach - one of the best ways to experience Jersey's coastline and a dose of cliff jumping was thrown in too. Feeling refreshed and energised, we took on stand-up paddle-boarding (SUP). I found this trendy, fun and core-strengthening activity a fantastic new way to get fit and play in the ocean...albeit with a few splash landings! ▶



‘Born-to-run’ with Gemma Dawkins, British middle distance runner, wasn’t as intimidating as it sounded. It gave me a real insight into how to get the most out of my running. Plodding is pointless apparently! With a series of drills and exercises, Gemma showed us how to improve form and technique, as well as tuning into different paces so that we could really feel the rhythm of running.

During an afternoon of off-road bike riding, it’s not the peddling that takes your breath away, but the beautiful countryside and coastal views. We got to enjoy an array of vistas, from the picture-postcard setting of Corbière lighthouse to the panoramic outlook over St Ouen’s bay. There was no avoiding a couple of hills, but if I could manage it then so can most. It was very refreshing to share this ride with some first-time visitors to Jersey and see their jaws drop as beautiful bursts of charming landscape revealed themselves around every bend.

*“Many people hear the words ‘healthy’ or ‘raw’ and are put off by the idea of a rabbit’s diet”*

This is just a snapshot of the itinerary on offer during the retreat. It is the rich variety of activities that make the experience so inspiring. Many of us are guilty of just sticking to what we know when it comes to exercising – 5K on the treadmill or ten reps on the bench press. How dull this now seems compared to the Island Retreats’ playground of activities. It reminds you that exercising doesn’t have to be about getting rock solid abs (although a welcome consequence). It can be about exercising to explore, experiencing new things and, most importantly, having a good time.

## FOOD FOR THOUGHT

It’s not just the exercise that will leave you feeling inspired. The raw food workshop, run by connoisseur and vegan artist, Amber Locke, is also a total treat for the taste buds.

Many people hear the words ‘healthy’ or ‘raw’ and are put off by the idea of a rabbit’s diet of green leaves and more green leaves. But Amber’s colourful and super-flavoursome dishes challenged this and showed that it’s about fueling



your body the way it deserves to be fueled... And it certainly doesn’t have to be boring. After the workshop, no one could stop talking about the raw berry cheesecake, all of us in disbelief that something so tasty could be so healthy. What’s even better is that raw food doesn’t require so much energy for digestion – so you can say goodbye to that Friday night food coma!

I haven’t been transformed into a fully-fledged rawtarian yet, but I was certainly inspired to inject a little more nutrition into my fridge.

## EXERCISE YOUR MIND

That’s right... it’s not just about exercising your body. Be prepared to give your mind a workout too.

Island Retreats works with Dr Alessio Agostini, a mindfulness teacher who shows you how to switch off autopilot and train the mind to stay more focused and connected to the present. During my retreat, he delivered a thought-provoking workshop that explored living in the moment and appreciating the things that so often pass us by in our hectic existence.

According to Dr Agostini, we spend 47% of our waking hours thinking about something other than what we’re doing. Our mind wanders, contemplating events that happened in the past, might happen in the future, or may never happen at all. When we wonder into this autopilot mode, we are also hardwired to think negatively. From our earliest beginnings, being aware of negativity and avoiding danger has been a critical evolutionary survival skill. But it also suggests that we make choices based on our need to avoid negative experiences, rather than our desire to have positive experiences. Since the retreat, I’ve felt an urge to say ‘yes’ to every opportunity just to make sure that my life isn’t a series of survival instincts.

‘Retreat’ means withdraw, hideaway, sanctuary. It takes you away from your everyday life and allows you to escape your routine. But in doing so it allows you to do the very opposite of ‘retreat’. It allows you to get out, try things outside of your comfort zone and push yourself. It sparks new ideas about how you really want to live, so when you retreat back to reality, you are left feeling both inspired and invigorated. ■



## ISLAND RETREATS PACKAGES INCLUDE:

(exc flights and alcohol)

Accommodation in St Brelade's Bay Hotel

- Daily training with specialised trainers
- Three meals a day • Access to the spa

## RETREATS ARE PRICED FROM:

£799 for 2 nights

£1,099 for 3 nights

£1,399 for 4 nights

*“Nature dictates the schedule and the retreat rolls with what the conditions will allow”*



# DRIFT AWAY

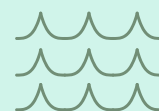
**DRIFT Retreat is an alternative wellbeing experience in Jersey with a mission statement for ‘fun-filled healthy days, delicious wholesome food, yoga practice and splashing in the sea.’**

Surfing and yoga are the staples of every day at this retreat. However, there are numerous additional activities available to make your stay as action-packed or relaxed as you like. Nature dictates the schedule and the retreat rolls with what the conditions will allow. If there are waves, you surf. If the surf is flat, you SUP (Stand Up Paddle Board). In the afternoons, it’s about walking, foraging for wild food or simply relaxing and enjoying a massage.

Nutritious organic vegetarian food is served for every meal: gluten-free, dairy-free and raw are all available. You can fill up with all the healthy fuel needed for your day, detoxing without even noticing on fresh juices, smoothies, super foods, raw snacks and wholesome food.

Kempt Tower is your sanctuary for the duration of the retreat. Originally built in 1834 as a defense tower against possible French invasion, it’s now sympathetically transformed into a totally unique accommodation option. It’s also only a stone’s throw from five miles of pristine beach and steps away from picturesque pathways through Jersey’s wetland nature reserve and undulating sand dunes.

The nature of DRIFT is to share experiences with others so be prepared for open-plan and bunk beds. There are hot showers and a very comfortable living and dining space with a wood burner for relaxing evenings and a selection of classic surf films and good books. There’s no Wi-Fi but the promise is you’ll find a better connection!



## PRICES START FROM:

£550 including airport or ferry transfers • Three meals a day • Drinks and snacks • Two yoga sessions • One surf lesson or SUP session per day • All equipment hire • Three nights’ accommodation in Kempt Tower.




HOW TO PARTY LIKE THE

# RICH & FAMOUS

*Super yachts, fast cars and gated mansions are everyday purchases for the ultra-wealthy. But when it comes to dining and entertaining, it's not just caviar and champagne that's on the menu*

**WORDS:**  
Martyn White



**B**eing extravagant and hedonistic is ‘de rigueur’ for the house parties of the rich and famous.

Take Simon Cowell. The music and TV mogul invited 400 ‘friends’ to his Hertfordshire mansion for his 50th birthday party. Chauffeured limousines collected guests from their home; Rat Pack impersonators provided the entertainment; a large shark tank dominated the background; and guests enjoyed lobster martinis - all to the tune of £2 million.

Cowell’s friend, billionaire businessman Sir Philip Green, went even further. His 60th birthday party lasted four days, with Stevie Wonder and Michael Bublé among the singers performing at the Rosewood Mayakoba resort in Cancun. Sir Philip even built a nightclub on the side of a cliff for his daughter Chloe, who was celebrating her birthday too. A-list guests dined on £80 Kobe burgers and ‘caviar surprises’, with the party rumoured to have cost £10 million.

Good entertainment, and being more than a little over-the-top, stands the test of time for any memorable shindig. Queen front-man, Freddie

Mercury was famed for his wild, hedonistic parties during the 70s and 80s with dwarves and semi-naked serving staff on show; Elton John, in his younger days, was noted for his flamboyance and dressing up as Louis XIV at one of his soirées, with the outfit so big it needed its own transport; and any mention of celebrity parties wouldn’t be complete without Hugh Hefner and his Playboy Mansion, where just about anything goes.

In Jersey, rumours swelled regarding a recent house party involving a multi-millionaire businessman who flew singer Ellie Golding in on a private jet to sing for his guests. ▶

Clearly, there's just no comparison with house parties most Jersey residents enjoy on a regular basis, whether inviting friends for a takeaway dinner or organising a more formal gathering. Yet, while good entertainment gets the tongues wagging, the golden rule for any party is that people expect to be fed and fed well.

## POSH NOSH

Being well-fed was the subject of a recent Channel 4 documentary, *The World's Most Expensive Food*, which explored the dining habits of mega-rich foodies and where an army of suppliers tracked down the world's rarest ingredients.

Their elite clientele sipped £300 cups of Sumatran coffee, delicately nibbled £600 cupcakes and chowed down on £1,000 burgers.

And when it came to special parties or occasions, the price skyrocketed. White truffles for £2,000 per kilo and bottles of 1990 Domaine de la Romanée-Conti at £15,000 were the norm.

In the programme, a caviar importer is seen at one of London's most exclusive jewellers hosting a caviar tasting evening. Potential clients delicately tasted Beluga caviar, with some of them spending £120,000 on a single order.

It's all about the story or how rare the perishable items really are. Take the gooseneck barnacle. This fishy delicacy is harvested from below the waterline on rocks where crashing waves make the work extremely hazardous; on average five fishermen die every year. Those barnacles are literally worth their weight in gold, with people paying more per ounce than they do for the precious metal!

The Sumatran coffee, which after collection and cleaning is marketed as Kopi Luwak coffee, is brewed from berries excreted by



© Alfie Buoy

a Civet; the digestion of the beans is said to improve flavour by reducing acidity. The Civet is a weasel-like creature, so the brewed berries become quite the talking point at any party, although it's probably best left until after the coffee has been drained from the cup before revealing its source for maximum effect.

The programme also featured a Russian billionaire who celebrated the birth of his baby with a £5,000 glass of 1811 Napoleon Grande Reserve Cognac. 'For me, it will be a special memory,' he said, with viewers on Twitter afterwards questioning whether he meant the birth of his child or sipping on the cognac!

It is becoming increasingly fashionable at most normal house parties to 'bring your own booze'. If not the host will, at the very least, provide a mix of beer, wine, spirits and possibly champagne or Prosecco, which is even easier for Jersey residents to guzzle thanks to the Prosecco 1754 Van. The unique little van comes fully equipped with a bar and two refrigerated lines serving Frizzante 1754 kegged sparkling wine to homes across Jersey. Prosecco on tap, in other words!

For those feeling a little decadent, they even offer a Pancakes and Prosecco Party, a pop-up day of indulgent pancakes served up with a glass of prosecco. The buttermilk pancakes all come with a variety of delicious toppings.

Having the Prosecco Van pull up at your house party is sure to wow the guests and Jersey has a plethora of foodie van options serving everything from Thai to Mexican too. And for those who love their pulled pork, there's always the Chugging Pig, a mainstay at food events around Jersey. Whilst you'll see most of them dotted around St Helier, these handy food outlets can be hired for a special occasion saving on cooking and washing up.

## “MICHELIN DINING FROM THE COMFORT OF YOUR OWN HOME WITH THE HELP OF A CELEBRITY CHEF”

Alternatively, local Michelin-starred chef, Shaun Rankin, together with his Don Street Deli team, have prepared hampers filled with a starter, main course and dessert, which Islanders can enjoy in the comfort of their own home.

They also offer a dinner service from which you can pre-order dishes like 'Shaun Rankin's Beef Wellington with Red Wine Sauce', ready to pick up and pop in the oven - the perfect way to impress at a dinner party or to treat the family.

Shaun Rankin described the service as: 'a great opportunity for people to experience cooking for themselves but without the stress. Each dish comes with instructions so you can ensure your meal is cooked to perfection.'





It's Michelin dining from the comfort of your own home with the help of a celebrity chef.

### DREAM THEME

No party or dining occasion would be complete without a theme to bring a sense of purpose. Most themes centre around food, calendar occasions or sporting events – such as Chinese New Year, the Olympics, the Oscars, Eurovision or something that is personal to the host.

Glam supermodel Kate Moss, noted for being the hard-partying wild child of the catwalk, took the personal theme further than the length of a runway with her 40th birthday celebrations. Rave tents, fire breathers, psychics, and live bands were all part of her Glastonbury themed party, which lasted four days and was disrupted by police on numerous occasions for being too loud!

Not to be outdone, her supermodel friend, Naomi Campbell decided to hold her 40th birthday celebrations for a whole week, with a different theme every night including an all-white night, hip hop night and a Brazilian samba motif party. That kind of authenticity is hard to beat!

Or how about Victoria's Secret model, Chanel Iman, who took her reggae themed party a step further by flying all of her guests to a private Jamaican island.

With extensive beautiful beaches in Jersey, and friendly farmers with an abundance of fields, you too can theme your party with theatricality - Brazilian Samba, Reggae or Glasto, all on your doorstep.

Dining like the rich and famous isn't actually that difficult to achieve. You just need food that is hard to find with a great story, sparkling booze, entertainment that lasts long in the memory, with just a sprinkling of hedonism; and if you can get Ellie Golding to perform in your lounge, you'll no doubt get the whole of Jersey talking for a very long time! ■

## HOW TO LEAVE A PARTY EARLY

*Want to escape from a party early? Here are the 'very proper' rules from society magazine Tatler:*

Yes, you can leave after pudding but before coffee.

If you are at a house party and there is no commute (other than up the stairs to your bedroom), you cannot leave until coffee is drunk.

If you are given tea (not coffee) and pudding and chocolate all at the same time, then the host has a box set/secret lover/early start and you should get your coat.

If you are at a wedding, it really is best to stay for the speeches. Sorry.

If it's a weekday supper and they serve you dinner after 10pm, then you can leave after the main course. You just can.

If your host starts doing chores other than washing up (such as ironing, emailing, making packed lunches, cleaning his gun), just leave. You will, by this point, have missed many hints.

If your ex is there with a new squeeze and no-one has bothered to warn you, then – providing the break-up took place less than a year ago – you can leave as soon as you arrive.

If you are drunk enough to slur/trip/grope/be sick, off you go.





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# A NEW GENERATION

WORDS **LAURA SYVRET**

*Cocktail connoisseurs are welcoming a return to popularity for our favourite juniper juice. Gin is in the middle of a renaissance, stirring up elegant concoctions and providing a refreshing throwback to a bygone, risqué and elegant era*



LUX<sup>®</sup> took to the bars and hotels of Jersey (well someone's got to do it) to find the best gin fixes and the latest creations from the Island's top mixologists. We found an abundance of choice, a dedication to innovation and a real passion for this spirit, which has evolved from traditional use in herbal medicine to a tipples of adoration in the modern drinks industry.



## BERRY-NICE

### THE COCKTAIL BAR AT THE ATLANTIC HOTEL

With a classic feel and a modern twist, The Cocktail Bar at The Atlantic Hotel offers 13 gin varieties, including all the classics and some alternative options too. A dedicated gin menu has been designed to showcase the flavours of each gin, perfectly pairing each one to a complimentary mixer and garnish.

We definitely recommend tasting the house gin: Brockmans Intensely Smooth Premium Gin. With intricately balanced botanicals, citrus notes and wild berry flavours, it's a daringly different gin. Served with a mixture of fresh strawberries, blackberries and blueberries, and topped up with ginger ale, it's a beautifully warm, yet refreshing taste.





## FLORAL SPICED

### THE COCKTAIL BAR AT ST BRELADE'S BAY HOTEL

Located in the original part of the building, dating back to the late 19th century, The Cocktail Bar at St Brelade's Bay Hotel is the perfect place to relax in old school glamour. This year, head barman Mike Puscasu has introduced five new gin concoctions, showcasing a variety of brands including Gordon's London Dry Gin, Hendrick's, Bombay Sapphire, Tanqueray No.TEN and the newly fashionable Citadelle Gin.

Citadelle has a distinctive style, with hints of violet, sweet orange, coriander and a floral brightness. But there's another side to it as well, with hints of spicy deeper notes: nutmeg, cinnamon and cardamom. Served with bitter lemon and garnished with orange peel and sage, this gin cocktail is a refreshing delight.



## FLUFFY CLOUDS

### THE CHAMPAGNE LOUNGE AT GRAND JERSEY HOTEL & SPA

Grand Jersey Hotel's glamorous Champagne Lounge is the perfect setting to sip on the most fashionable drinks. It is well stocked with the finest selection of top labelled gins including Gordon's, Bombay Sapphire, Tanqueray No.TEN, Hendrick's, Monkey 47 Schwarzwald Dry Gin, and one of Jersey's specials – La Mare Royal Gin.

One of our favourite cocktails on the menu, titled 'Fluffy Clouds', is made using Tanqueray Gin. Tanqueray has distinctive juniper notes, along with a hint of spice and a dry finish. Shaken, not stirred, the Tanqueray gin is mixed with sugar syrup, egg white, butterscotch, lemon and a mint and juniper infusion, to create a truly indulgent blend of flavours that float like clouds on the palate.





## THE BLACK FORREST

### THE LOUNGE BAR AT SAFFRONS RESTAURANT, HOTEL DE FRANCE

The Lounge Bar at Saffrons Restaurant is a warm and cosy retreat perfect for relaxing and unwinding. With a selection of 12 gins, they are always looking to create mixes that will entice and excite.

One that never fails to stir up some excitement with its flavours and backstory is the Monkey 47. Created by a WWII Royal Air Force pilot who settled in the Black Forest in Germany after the war, this gin was made out of local ingredients and exotic botanicals inspired by his upbringing in India. In fact, the 47 refers to the vast number of botanicals that are used in its production.

It's predictably complex with plenty of spice, fruit and herb flavours. The botanical sweetness of the gin is served with a splash of freshly squeezed lime juice and topped with tonic water. A twist of lime zest is run around the rim of the glass and the drink is finished off with a sprig of lavender.



## LANIQUETINI

### BOHEMIA BAR AT THE CLUB HOTEL & SPA

Bohemia Bar offers a spacious and elegant environment, immediately enveloping each guest in comfort and style. With a vibrant selection of cocktails available, there are a few gin favourites to savour including the Laniquetini. This twist on the famous Vodka Martini is served with gin and Lanique Rose Petal Liqueur to create an elegant concoction with rich aromas and flavours.

Bohemia Bar also serves a vintage Negroni created with an authentic mix of Gilbey's Gin 1970s, Campari 1970s and Martini Rosso 1970s. Oxidation in the 40-year-old bottles has a huge effect on the taste and appearance, creating a totally unique deep and rich smoky flavour.





## THE MULBERRY SOUR

### ORMER BAR & RESTAURANT

Ormer boasts a vibrant and stylish bar with the added bonus of a stunning roof garden where you can experience exceptional cocktail mixology. A rich selection of gins feature on the bar menu. As well as the well-known brands you can taste Hayman’s Old Tom, Beefeater Burroughs Reserve, Monkey 47 Distillers Cut, Bathtub Gin, Martin Miller’s, Deaths Door, Brockmans Premium and Williams Gin.

Williams Aged Sloe & Mulberry Gin is blended with hand-picked Herefordshire sloe berries and succulent mulberries, and aged for one year in oak casks at Chase Distillery. It is deep and rich with fiery berry notes and sweet ripples of rosehip, followed by fresh notes of blackcurrant and redcurrant. Gloriously warming, it’s the perfect foundation for Ormer’s Mulberry Sour. Blended with fresh lemon juice, simple syrup, egg whites and topped with Ormer’s home-made Chambord black raspberry liqueur foam, this really is a very special drink.



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www.saffronsjersey.com



# *In search of the perfect* Work-Life Balance

For modern, globally mobile executives, having a stable, friendly environment in which to both work and live is absolutely vital.

WORDS —————  
Kevin Lemasney, Locate Jersey

**M**ore and more, high-flying business professionals are finding that Jersey ticks all the right boxes in terms of being able to support them in their cutting-edge, international business endeavours, whilst at the same time providing an attractive lifestyle for all the family.

Jersey has earned a reputation as a thriving international business centre, and recent figures from Locate Jersey, the team of Jersey's government with responsibility for inward investment, suggest that the Island continues to show genuine appeal as somewhere senior executives and High Net Worth Individuals (HNWI) are keen to call home.

Year-end figures for 2016 show that, despite external global pressures, over 250 new enquiries were received by Locate Jersey during the year, with 17 HNWI and 25 business permissions being granted in the same period. That's consistent with previous years, and the signs are that this year will be equally successful.

There are numerous examples that go some way in explaining why Jersey is so successful. Whilst those who move here come from a variety of backgrounds – such as natural resources, fund management, financial services, and technology – and places – including Australia, Switzerland, Singapore, Hong Kong and the UK – the common theme is always a search for the best work-life balance.

With this in mind, time and again, those looking at Jersey are hugely impressed by its ability to be a welcoming, safe jurisdiction and a sophisticated environment that enables internationally focused businesses to prosper.

Not only is Jersey a vibrant centre of commerce but within its 45 square miles it can also boast open countryside, beautiful beaches, stunning coastlines, four 18 hole (including 2 links) golf courses, and a gastronomic offering to rival anywhere in the world - including Michelin star restaurants and fabulous beach-side eateries serving up freshly-caught seafood and beautiful locally-grown produce.

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*“The range of homes available is as diverse as the Island itself, from luxury waterfront apartments and historic Cod Houses to picturesque granite farmhouses and country manors”*

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The high standard of education and a quality healthcare system means that the Island is an ideal location for families too.

From a property perspective, the range of homes available is as diverse as the Island itself, from luxury waterfront apartments and historic Cod Houses to picturesque granite farmhouses and country manors.

It's rare that somewhere can satisfy the demands of those who crave a sophisticated cosmopolitan business environment, and a safe, comfortable family-orientated lifestyle. Jersey does just that, so it's no wonder that we continue to see rising interest from individuals and their families keen to find out more about 'the Jersey life'.



James Vernon

*“The family continues to enjoy the wide range of leisure and sporting pursuits on offer in Jersey, such as learning to surf and sail”*



Boating fun



St Ouen's Bay

One such example of a successful move to the Island is **James Vernon**, formerly the Chief Operating Officer of one of Europe’s biggest hedge fund businesses and now a Director of the Jersey business.

The Vernon family were living in Kent until a few years ago, when they decided to try living in pastures-new in the South of France. Though they could not deny the region’s beauty, the children were getting older and needed to return to an English-speaking education system in time for their exams.

‘A colleague suggested Jersey. I had visited the Island many times through my work and we had holidayed there two years earlier and loved it’, James recalls.

After getting to know the Island a little better and being impressed with what they found, the family contacted Locate Jersey who introduced them to some useful contacts, helped them find the right schools and, with the help of a local estate agent, seek out the perfect home.

It was a fruitful search, with the family ultimately buying an historical property used by German soldiers as a headquarters during the Island’s Occupation. They found that, despite the property needing renovation, the calibre of architects and specialist building teams on the Island exceeded their expectations and they soon turned the house into a home for the family.

The children also settled well into their respective schools and the family continues to enjoy the wide range of leisure and sporting pursuits on offer in Jersey, such as learning to surf and sail.

From a business perspective, the move to Jersey was a smart one for James: being able to benefit from one of the most attractive and stable fiscal regimes in Europe, a well-established professional services infrastructure, a business-focussed independent government, and good connections to London and major UK and European hubs, all located squarely between the time zones in the East and the West.

Importantly, though, James has also found that Jersey offers just the work-life balance he needed, both for himself and his family:

‘On a personal level, I have transformed my level of fitness. I live a relaxed, rural lifestyle and I now jog or cycle to work, along a route that runs next to the sea. It’s a great way to start and end a working day!’ ■

**The team at Locate Jersey offer comprehensive, independent, confidential and free advice to help businesses and families through the process of moving to and setting up in the Island.**

**Get in touch with Locate Jersey at [www.locatejersey.com](http://www.locatejersey.com), or connect with the team via Twitter (@locatejersey) and LinkedIn.**

# Ready and waiting.

We are ready, why wait?

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# AN ISLAND INDULGENCE

*It's no secret that our Island is bursting with flavour. So, we've been speaking to some of the Island's top chefs to discover the inspiration behind Jersey's most mouth-watering menus. From gastronomical gourmet menus to tantalising tasting menus, don't miss these exceptional dining experiences*



© Tassili



## BOHEMIA

SEASONAL | DEPTH OF FLAVOUR |  
BALANCED

Bohemia Bar & Restaurant boasts a stellar reputation for its first-rate cuisine. The Michelin-star restaurant offers a variety of flavour driven menus, with exciting dishes that combine seasonal ingredients and refined presentation. Classic, Pescatarian and Vegetarian tasting menus are available, as well as the Prestige Tasting Menu, which takes diners on a culinary journey of ten exquisite dishes. There is also a Surprise Tasting Menu, which delights diners with dishes chosen by the chef on the night.

## STEVE SMITH HEAD CHEF

**What can your menu offer diners that they have never tasted before?**

I would say Sea Buckthorn. We offer a wonderful duck salad dish with foie gras cream, Sea Buckthorn, kumquat and pistachio.

**What's your favourite dish on the menu?**

Our lamb loin and braised neck dish - it's just a lovely recipe that's a pleasure to eat.

**What local ingredients can people expect to see on the menu?**

Oysters always feature on our menu and they are from Gorey. And of course we serve Jersey royals! Our afternoon tea is served with your typical Jersey clotted cream and jam for the scones and we also serve traditional Jersey Black Butter.

**What's your top luxury ingredient on the menu?**

Truffle is our top luxury ingredient and it features on our menu regularly.

**What are you most excited about this year on the cooking scene?**

I'm always excited to create new dishes and we are currently working on a lot of new ones at Bohemia. Our pigeon, beetroot and coffee dish is particularly exciting as it is an interesting and creative combination of flavours. ▶



## THE GRILL

FRESH | VIBRANT | CLASSIC | LOCAL

Located at L'Horizon Beach Hotel & Spa, dining at The Grill is all about creativity, seasonality and Island flair. With exquisite dishes from the garden, sea, land and - of course - cooked on the grill, there's an array of flavours for every palate. When it comes to the fine selection of premium cuts of meat, each has been aged for 35 days - we're talking ribeye royalty! The Grill has also developed a reputation for serving fresh, locally caught seafood and the daily menu is often inspired by the fisherman's morning catch.

**ANDREW SODDY** EXECUTIVE HEAD CHEF

**What can your menu offer diners that they have never tasted before?**

Exciting flavours and unique presentations.

**What's your favourite dish on the menu?**

Well, it's difficult to have one favourite dish, but I love the ham and egg starter. It's a white onion velouté served with local ham hocks that have been braised for six hours and pulled down, accompanied by a soft poached egg that enriches the velouté even more when broken into. The flavour and texture in every mouthful is just delightful.

**What local ingredients can people expect to see on the menu?**

An abundance of seafood including locally caught scallops, crab and lobster. We also use La Mare Black Butter and Apple Brandy, Classic Herd cream and yoghurt, local vegetables and Woodside Farm Jersey royal potatoes.

**What's your top luxury ingredient on the menu?**

Truffle.

**What are you most excited about this year on the cooking scene?**

Plant based food for vegans and vegetarians are big for 2017. My wife is vegetarian, so I'm going to enjoy creating new and exciting dishes that are far away from the stereotypical restaurant vegetarian food.



## SIROCCO

SIMPLE | MODERN | FLAVOUR | PRESENTATION

Found on the first floor of The Royal Yacht hotel, Sirocco serves British cuisine, perfected with modern techniques and finished with flair. An element of surprise is added to every dish, with taste combinations that excite the palate. We recommend the tasting menu - a perfect balance of the freshest local ingredients and exotic flavours to create a true mix of style and substance.

**STEVE WALKER** HEAD CHEF

**What can your menu offer diners that they have never tasted before?**

I try to create food that has classical beginnings but a modern twist; this style delivers unusual but recognisable flavour combinations.

**What's your favourite dish on the menu?**

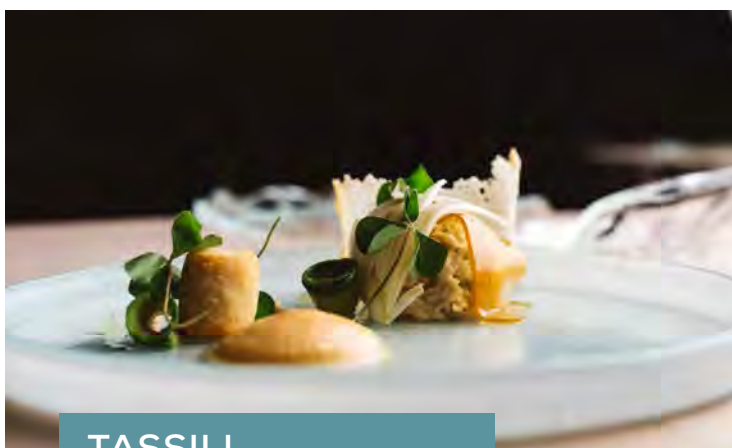
My favourite dish has to be the Jersey beef fillet with asparagus and morels.

**What local ingredients can people expect to see on the menu?**

Our Jersey beef is sourced from Woodland Farm. The lobster is sourced from the Fresh Fish Company and all vegetables, where possible, are local and sourced from Fungi Delecti.

**What's your top luxury ingredient on the menu?**

The lobster with white chocolate and parsnip purée is probably considered the most luxurious. But I try to use humble ingredients too when they are at their best and treat them with respect, so in my mind all the ingredients are luxurious.



## TASSILI

LOCAL | UNIQUE | FORAGED | SURPRISING

Located at the five-star Grand Jersey Hotel & Spa, Tassili offers a culinary experience combining wonderful ingredients that have been inspired by the Executive Chef's French heritage and love of fresh Jersey produce. Diners can choose between the 'Jèrriais' tasting menu, which highlights the Island's best local produce, the 'Land and Sea menu' or the 'Garden (V)' tasting menu.

**NICOLAS VALMAGNA** EXECUTIVE CHEF

**What can your menu offer diners that they have never tasted before?**

Tassili uses unique ingredients to complement the dishes, for example, the Yuzu fruit which is a Japanese citrus. Some of the vegetables and seaweed are foraged locally, which means the dishes are as fresh as they possibly can be. We also use Pepper Dulse in a few dishes, which is known as a truffle of the sea and really enriches the dishes. These are just a few of the unusual ingredients we use but if you come to Tassili you can see how the ingredients complement each other.

**What's your favourite dish on the menu?**

Jersey chancre crab with Yuzu gel and coconut espuma. It is fresh, local, and seasonal, and you can really taste the quality of the crab.

**What local ingredients can people expect to see on the menu?**

All our fish and seafood is local as well as our beef and vegetables. We use different local suppliers and of course use as many products from our own Tassili garden - you can't get much fresher than that!

**What's your top luxury ingredient on the menu?**

Caviar Ébène from Aquitaine, France.

**What are you most excited about this year on the cooking scene?**

Foraging is always exciting and finding some more of the best local products to use.



## SAFFRONS

MODERNITY | SIMPLICITY | HEALTHY | EXPERIENCE

Saffrons is located at the four-star Hotel De France and offers guests a fine dining exploration of Indian cuisine. Saffrons' tasting menus offer an exquisite range of contemporary, exotic and healthy dishes that are created with flair, style and a deep respect for ingredients and Indian spices. As well as the classic Tasting Menu, there is also a Vegetarian and Pescatarian Tasting Menu available.

**RUPINDER SINGH** HEAD CHEF

**What can your menu offer diners that they have never tasted before?**

Quality food and value for money. We provide a perfect balance of European cooking techniques and Indian spices and we constantly change the menus to complement seasonality with a huge focus on food textures, tastes and, of course, health.

**What's your favourite dish on the menu?**

I am passionate about our vegetarian and pescatarian dishes, particularly the monkfish. I marinate this with honey, mint and orange zest then cook in a Tandoor – a traditional clay oven. This dish stays on the menu all year round as it represents the philosophy of Saffrons' cuisine.

**What local ingredients can people expect to see on the menu?**

We use seasonal, fresh Jersey vegetables and fruit, dairy produce, scallops and locally caught squid.

**What's your top luxury ingredient on the menu?**

The spice saffron. Cultivating saffron is extremely labour intensive and therefore it is expensive to produce and buy, making it one of the world's most precious spices.

**What are you most excited about this year on the cooking scene?**

This year we have introduced a Game Tasting Menu to complement the Pescatarian and Vegetarian Tasting Menus. ▶





## LONGUEVILLE MANOR

BALANCED | REGIONAL | IMMERSED | FRESH

Steeped in classical traditions of fine cuisine, 14th-century Longueville Manor is a luxuriously charming setting to enjoy fine and casual dining options. With an abundant harvest from its own Victorian kitchen garden, as well as strong links with local growers, foragers and suppliers, the manor offers a culinary experience that is about freshness, simplicity and flavour. This is definitely highlighted in the special Discovery Tasting Menu - a real essence of Island life.

**ANDREW BAIRD** EXECUTIVE HEAD CHEF

**What can your menu offer diners that they have never tasted before?**

The freshest seafood possible and some foraged shellfish, seaweeds and foreshore vegetables.

**What's your favourite dish on the menu?**

The poached butter lobster with shumai and Asian broth. It's a great example of what I like to eat, using local produce and inspiration from my travels.

**What local ingredients can people expect to see on the menu?**

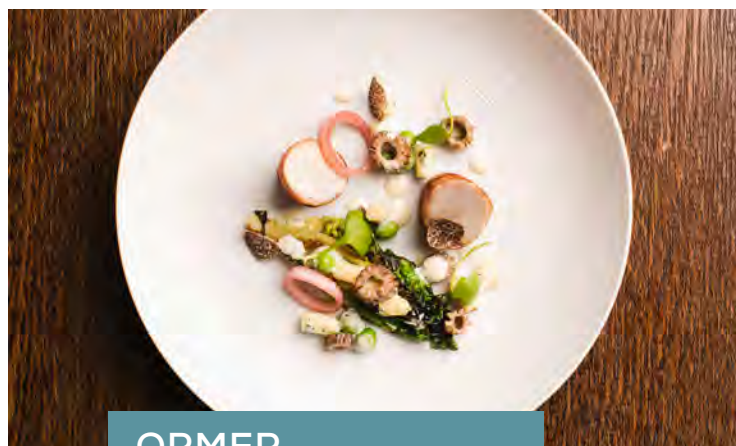
There are so many but one that I am very proud of is scallops. I only use diver-caught scallops from one local diver, Bob Titttrington, who harvests with care and defends the deep. We know within a few meters where they are from and they are all opened by hand.

**What's your top luxury ingredient on the menu?**

Butter poached local lobster with vanilla.

**What are you most excited about this year on the cooking scene?**

I love the challenge of taking what we find around us and making wonderful food.



## ORMER

SEASONAL | LOCAL | DELICIOUS | EXCITING

Elegant and relaxed, Ormer Restaurant is a little Jersey gem: inherently luxurious and full of character. From décor to dining, the restaurant delivers a beautifully crafted experience and the Michelin-star menus are the best way to savour the finest local delicacies. A diverse repertoire of dining options are available - from breakfast, to Saturday Brunch, Set Lunch, Express Lunch and À La Carte. However, for a fantastic assortment of Ormer's favourite flavour combinations the Tasting Menu is an essential dining experience.

**LEE SMITH** HEAD CHEF

**What can your menu offer diners that they have never tasted before?**

Fresh ingredients cooked with the respect they deserve. Also not complicating things and letting the ingredients speak for themselves.

**What's your favourite dish on the menu?**

It has to be the tuna dish: diced raw tuna marinated in a white miso dressing, with a burnt apple purée, a ponzu soy gel, and covered with a rich umami dashi jelly sheet. A simple dish but heaps of flavour.

**What local ingredients can people expect to see the menu?**

Jersey royals, asparagus, lobster, crab and turbot. Also lots of foraged herbs and flowers. Not forgetting our home made Jersey butter which we make fresh at the restaurant rolled with Jersey seaweed.

**What's your top luxury ingredient on the menu?**

Probably the turbot. Such a great tasting fish.

**What are you most excited about this year on the cooking scene?**

More and more people are enjoying relaxed and spontaneous dining and this is a great opportunity to prove that Michelin-star food can also be relaxed and spontaneous. We have already introduced a variety of approachable menus including express lunches and indulgent brunch menus, and I'm looking forward to experimenting with more food offerings and experiences. ■

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# SUITE DREAMS

*We've been dreaming about some of the most sumptuous hotel suites in the Island.*

*Whether you have a penchant for cashmere mattresses, or a desire for a jacuzzi with a view, it's all here. Check yourself in for a lavish and luxury experience*

Photo: The Royal Yacht

Garden Studios and two Luxury Suites are available at The Atlantic Hotel.

The open-plan Junior Suite overlooks the gardens and ocean. An oak-boarded floor is complemented by Middle Eastern rugs, elegant furniture and a combination of contemporary and traditional artwork. Divided by an opaque glass screen, the sleeping area boasts a king sized bed, while the luxurious lounge area features a wall-mounted plasma TV screen. The large en-suite bathroom has a bath, separate walk-in shower and twin basins, while the private terrace offers direct access to the hotel grounds.

**Price from £340**



**THE ATLANTIC HOTEL**



**L'HORIZON BEACH HOTEL & SPA**

Three suites are available at L'Horizon Beach Hotel & Spa, including the Suite, Junior Suite and the two bedroom Land View Suite.

The Suite features a lounge area, bedroom and private terrace. It has been carefully designed with cool whites, turquoise blues and sandy hues that reflect the stunning views across St Brelade's Bay.

A flat screen TV is available in both the lounge and bedroom. Each bathroom is stocked with the finest quality toiletries and the king sized bed is even complete with a Hypnos Lansdowne cashmere mattress for a perfect night's sleep. ▶

**Price from £311**



**THE ROYAL YACHT**

The Royal Yacht Penthouse Suites - Mooncatcher and Stargazer - have both been designed for a truly special stay.

These two luxurious penthouse suites are decorated in a modern fashion with stylish furniture and space for guests to dine and relax in comfort.

Each suite features LCD screens, fresh flowers and super king sized beds. There's also a spacious terrace, complete with a large Jacuzzi and lounging pods with views over St Helier. The hotel can also provide a Mercedes Benz driver to and from Jersey Airport and champagne on arrival.

**Price from £399**

The Penthouse Suites at St Brelade's Bay enjoy magnificent sea views.

Each suite offers the space and comfort of a luxurious bedroom, with a stylishly decorated separate lounge area.

Defined by casual opulence, each room and suite is luxuriously furnished and individually designed with a character of its own. The suites are available with one or two bedroom options, both with super king sized beds. The bedroom features a wall mounted television and an adjoining dressing room with a walk-in wardrobe.



**ST BRELADE'S BAY**

**Price from £380**



**LONGUEVILLE MANOR**

Longueville Manor offers three Junior Suites, the distinguished Tower Suite and finally the ultimate Cottage Suite.

The Cottage Suite is a 500 year old cottage situated just a stone's throw from the main building. Ancient and modern go hand in hand throughout The Cottage, which boasts two luxurious en-suite double bedrooms, an open plan lounge and a dining area for up to eight.

The Cottage has many original features including a typical Jersey granite fireplace and oak beams. Having been recently renovated and re-decorated, The Cottage is now pure luxury at its best. ■

**Price from £875**

# BEAUTY FAVOURITES

All available at de Gruchy

**la prairie**  
**Skin Caviar Essence-in-lotion**  
 UK £172 / JER £150

The first step in your skincare ritual, this beautiful pre-serum, infused with distilled caviar water, prepares your skin to reap the benefits of the serum and treatments to follow.

Discover the missing link in your skin care ritual.



**Chanel No5 L'eau 100ml**  
 UK £105 / JER £91.90

Composed by Chanel perfumer Olivier Polge, N°5 L'EAU features dynamic, crisp top notes of lemon, mandarin and orange. The emblematic heart of the bouquet unfolds with rose, jasmine and a new fraction of ylang ylang. Behind this floral whirlwind, lies an unprecedented sense of liveliness: the vibrant echo of cedar, accompanied by soft and cottony musk notes.



**The Revitalizing Hydrating Serum 30ml**  
 UK £145 / JER £127

This deeply replenishing serum awakens vitality one drop at a time. It floods the skin with sea-sourced actives and the healing energies of Miracle Broth™. Tiny micro-droplets of The Deep Hydration Ferment—with an interactive blend of green, brown and red algae—are designed to penetrate rapidly, revitalizing deep within the skin's surface. Skin becomes visibly radiant, youthful and full of vibrant life.



**The Brilliance Brightening Mask 50ml**  
 UK £200 / JER £153.10

This gentle, yet powerful, two-step treatment mask instantly brightens and softens skin to reveal an ageless, luminous look. It can transform your complexion with continued use – stubborn discolouration appears diminished, tone becomes more even, texture becomes smoother and pores look minimized for a glowing new look of health and hydration.



**la prairie Cellular Cream Platinum Rare 30ml**  
 UK £797 / JER: £697

Luxurious and refined, Cellular Cream Platinum is a skin-transforming anti-aging treatment product. It's designed to enhance your skin's natural beauty, preserve its texture and tone, and restore its radiant glow. It recharges the skin's electrical balance, which improves its absorption of beneficial nutrients. It guards cellular DNA and helps to prevent damage that can result in accelerated skin aging. Its climate-activated moisture release enhances the skin's suppleness, elasticity, tone and plumps wrinkles. It transforms the skin, giving it an ageless soft splendor.



**Tom Ford Sole di Positano 50ml**  
 UK £155 / JER £135.50

This deeply replenishing serum awakens vitality one drop at a time. It floods the skin with sea-sourced actives and the healing energies of Miracle Broth™. Tiny micro-droplets of The Deep Hydration Ferment—with an interactive blend of green, brown and red algae—are designed to penetrate rapidly, revitalizing deep within skin's surface. Skin becomes visibly radiant, youthful and full of vibrant life.

A tropical resort scene featuring a large, clear blue swimming pool in the foreground. The pool is surrounded by lush greenery, including several tall palm trees and dense tropical foliage. In the background, a wooden cabana with white curtains is visible, partially obscured by the trees. The sky is a clear, bright blue with a few wispy clouds. The overall atmosphere is serene and luxurious.

SEASONAL  
*Inspiration*  
WHEN AND WHERE TO TRAVEL

*When it comes to travelling, timing can be just as important as the destination.*

*LUX<sup>2</sup> has teamed up with **TravelSolutions** to bring you the best short and long haul holiday destinations suited to spring, summer, autumn and winter. Use this guide and you'll always be in season, on trend and lounging in luxury*



# Spring



Short Haul

## DUBAI

A place with an undeniable buzz. Dubai has a myriad of interesting buildings, lavish shopping malls, souks, pristine golf courses, and expensive restaurants. Activities range from desert safaris to skiing! It's definitely a place that must be visited once in a lifetime at least. You may love it or hate it, but for sheer travel experience, it is hard to beat.

### Stay - Fairmont The Palm

Fairmont The Palm is an idyllic five-star resort situated on Dubai's most sought-after island, Palm Jumeirah. It offers luxury beachfront accommodation with unrivalled views of the Arabian Gulf and glittering Dubai marina skyline.

There are six world-class restaurants and lounges that take you on a culinary journey from Arabia to South America. There's also four temperature-controlled swimming pools, access to 800 metres of private beach, as well as a fitness centre, health club and an award-winning Willow Spa. For a supplement, visitors can upgrade to 'Fairmont Gold'. This offers a choice of luxury rooms and suites with dedicated check in, butler service, in-room dining, and access to the Gold Lounge with complimentary breakfast, afternoon tea, hors d'oeuvres and business amenities.

## THAILAND

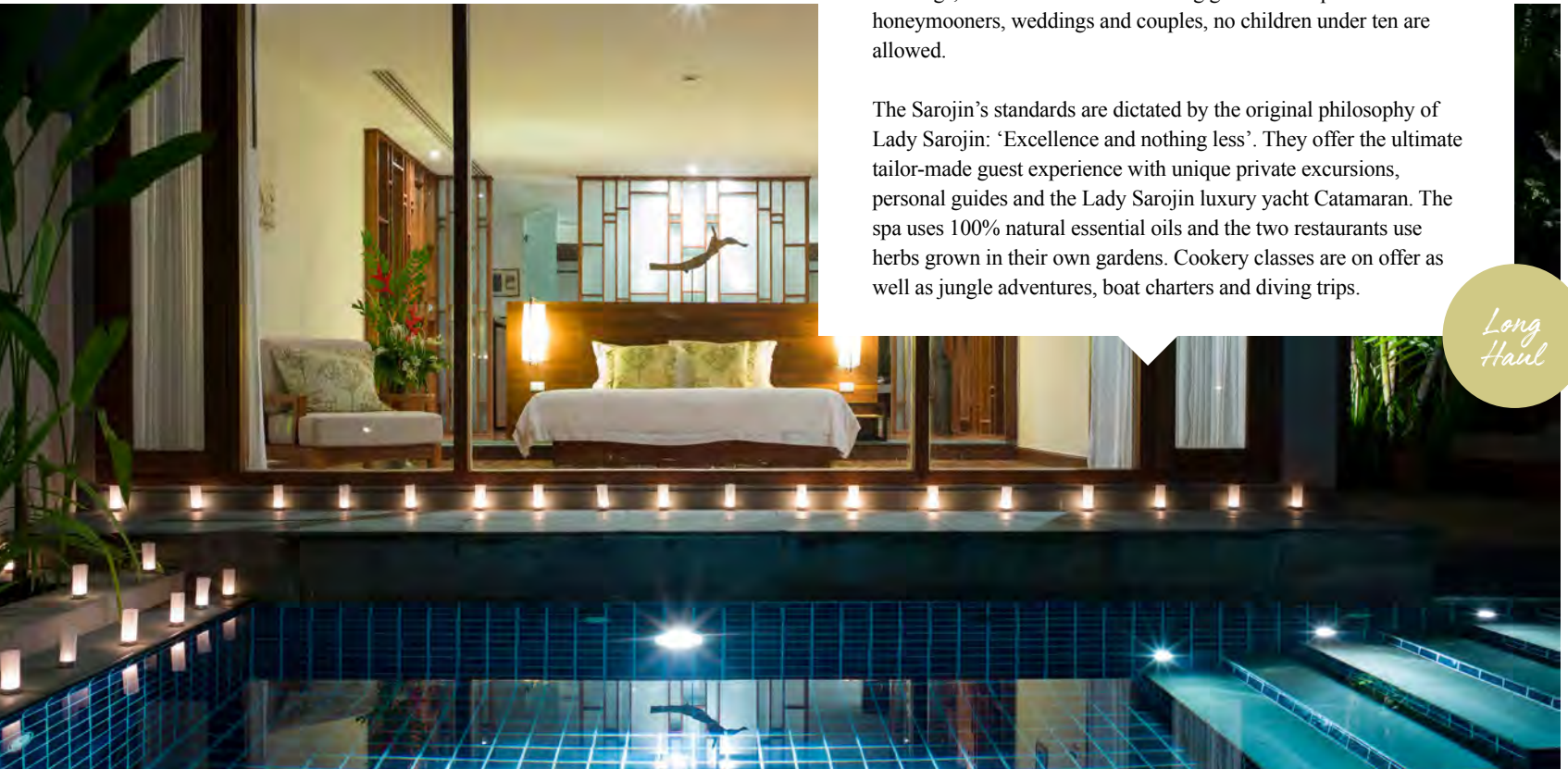
From the hustle and bustle of its modern capital city, Bangkok, with its shops, markets and temples, to the peace and tranquility of its islands, Thailand offers something for everyone. It is often used as a stopover for trips to Australia or New Zealand, or is perceived as a backpacker's paradise, but this unique country is deserving of a visit in its own right.

### Stay - The Sarojin

The Sarojin is a contemporary five-star boutique hotel in Khao Lak, set on 11km of pristine white sandy beach, approximately one hour's drive from Phuket airport. There are 56 luxurious guest residences, each privately accessed and situated in two storey buildings, within ten acres of stunning gardens. It's perfect for honeymooners, weddings and couples, no children under ten are allowed.

The Sarojin's standards are dictated by the original philosophy of Lady Sarojin: 'Excellence and nothing less'. They offer the ultimate tailor-made guest experience with unique private excursions, personal guides and the Lady Sarojin luxury yacht Catamaran. The spa uses 100% natural essential oils and the two restaurants use herbs grown in their own gardens. Cookery classes are on offer as well as jungle adventures, boat charters and diving trips.

Long Haul



# Summer

## CRETE

Fabulous beaches and spectacular mountain scenery are good enough reasons to head to Crete, not forgetting its charming character, stunning archaeological sites and medieval harbour towns. You really are spoilt for choice in Crete; explore the beautiful golden beaches, trek the rugged snow-capped mountains and take in the breathtaking scenery. Whether it's a quiet and relaxed experience or an adventure break you are looking for, Crete will not disappoint.

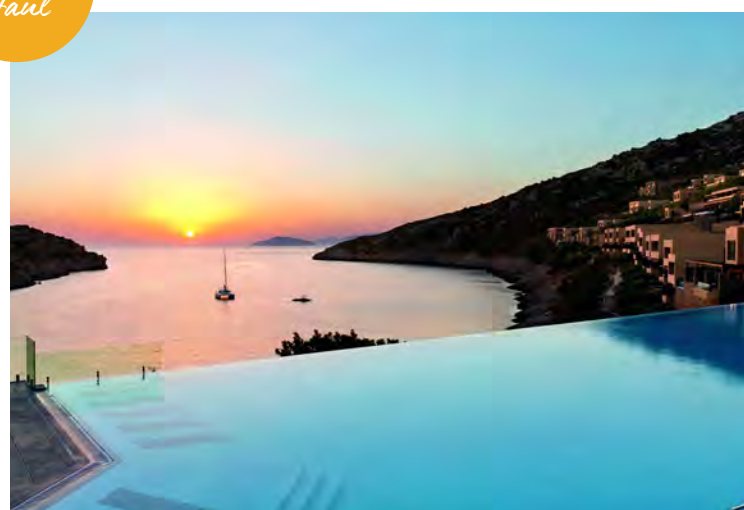
### Stay - *Daios Cove*

Located in the privacy of a pristine cove, Daios Cove luxury resort in Agios Nikolaos. Staggered over the hillside with amazing sea views, the superb accommodation evokes the intimate charm of the traditional villages found throughout the Greek isles, expressed in an elegant and contemporary aesthetic.

There's easy access to the private beach, inviting you to fully unwind while enjoying 24-hour service from the hotel team. You can enjoy a state-of-the-art spa, seawater infinity pool, water sports centre and tennis courts. Daios Cove also offers an exceptional dining experience throughout six restaurants and bars, where you can savour exquisite nouvelle cuisine dishes or traditional delicacies with a modern twist. Many rooms have their own private pools, while the open plan designs allow for a flow of sunlight, air and energy.

In this dramatic setting of incomparable beauty, Daios Cove delivers a holiday experience that is saturated in elegance and splendor.

Short  
Haul



## SRI LANKA

Poised above the equator, south-east of the subcontinent, Sri Lanka is often described as 'India lite'. It offers the perfect introduction to this part of the world. There's enough culture to soak up; the food is fantastic; English is widely spoken; and the Island's bijoux size means you can fit a lot into a small amount of time. From the golden beaches that encircle the coast, to the ancient ruins and colourful temples that scatter its jungle interior – this little Island sure packs a punch!

### Stay - *The Rosyth Estate House*

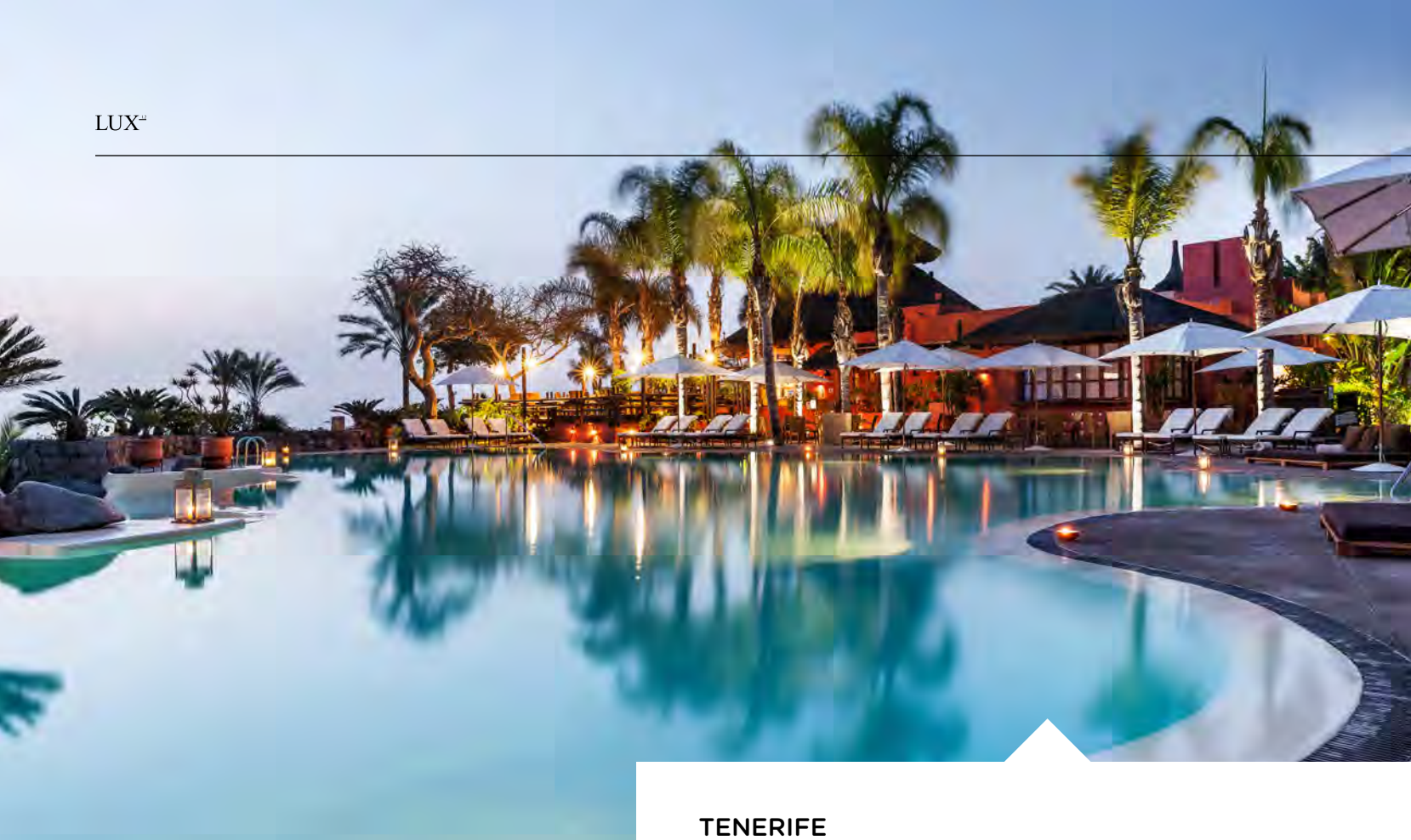
The Rosyth Estate House provides guests with the opportunity to experience the beauty and culture of rural Sri Lanka. It's a luxury boutique hotel with eight rooms and suites. Set in a private 64-acre tea and rubber estate, the hotel offers a spa, pool and yoga classes. Here you can immerse yourself in estate life, enjoy excellent Sri Lankan cuisine and relax.

The estate's walking trails are perfect for exploring the tea terraces, rubber plantation and paddy fields. At the bottom of the estate, you can discover old rubber presses and a smoke house and even bathe in a small waterfall. The grounds offer a diverse selection of flora and fauna and attract monkeys, birds and occasionally wild deer.

The Estate House is located ten-minutes drive from the bustling town of Kegalle. Perched on a hillside, and situated at an elevation of approximately 1,000 feet, the house benefits from stunning views from the front veranda towards Kandy, whilst the rear overlooks the estate and jungle covered hillsides. ▶

Long  
Haul





## TENERIFE

A mere four hours' flight from London and you're in Tenerife. With its average annual temperature of 22 degrees, sunshine is pretty much guaranteed all year round. Tenerife is the island of a thousand experiences; go whale and dolphin watching, relax on the beach, enjoy tropical-forest walks or designer-shop struts. You can also immerse yourself in a stash of museums and creaky old colonial towns. But above all else, this is an island of drama, and nothing is more dramatic than the third highest volcano in the world. Mount Teide is Spain's tallest mountain and home to some of the most fabulous hiking in all of the country.

### Stay - *Ritz-Carlton Abama*

Situated in the tranquil enclave of Guía de Isora, the beauty of nature abounds at The Ritz-Carlton, Abama, one of the most idyllic luxury resorts in the Canary Islands. The Moorish-inspired hotel features one of the finest golf courses in Spain and a world-class spa.

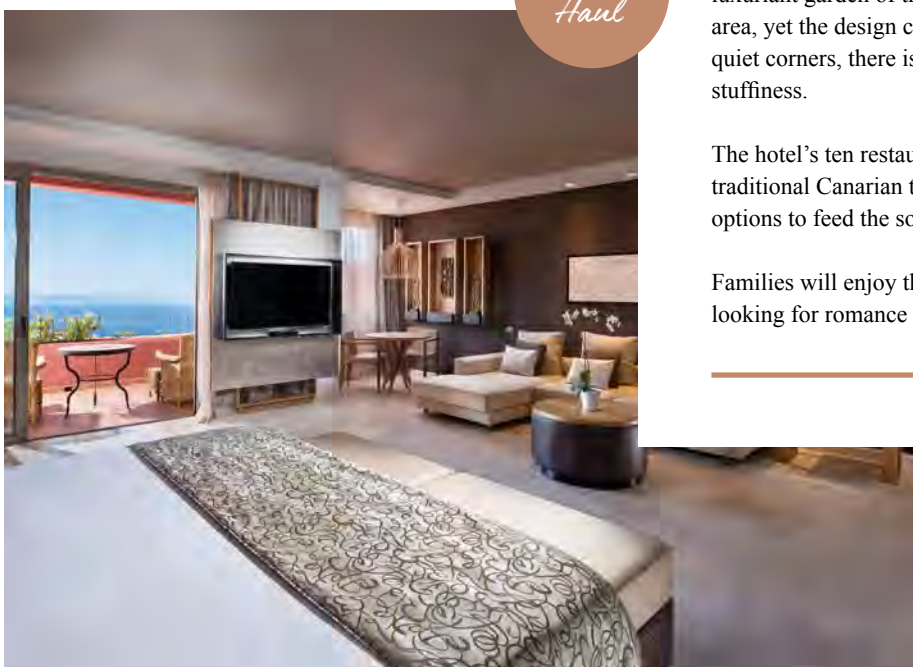
Designed to resemble a North African citadel with sandstone turrets rising from a luxuriant garden of tropical flora and palm trees, the property covers a vast surface area, yet the design creates a sense of intimacy and privacy. With hidden gardens and quiet corners, there is a peaceful and casual atmosphere. It offers luxury without the stuffiness.

The hotel's ten restaurants offer a high standard of dining with menus ranging from traditional Canarian to Argentinian. At the top end, there are two Michelin-starred options to feed the soul with inventive Basque or Japanese cuisine.

Families will enjoy the Ritz Kids Club and exclusive swimming pools, while couples looking for romance can opt for the adults-only Tagor Villas.

# Autumn

Short Haul





## CAPE TOWN & KRUGER NATIONAL PARK

With its distinctive backdrop of Table Mountain, Cape Town is easily one of the most dramatically beautiful cities in the world. Spend a few days in the city exploring Robben Island where Nelson Mandela was incarcerated; go whale watching; see penguins; and of course, take the cable car to the top of the mountain for amazing views.

Use the city as a starting point and combine with a safari at Kruger National Park. This is one of Africa's largest game reserves stretching over two million hectares of land along the Mozambique border. The reserve offers an indescribable wildlife experience. It ranks with the best in Africa and is the flagship of the country's national parks - rated as the ultimate safari experience.



### Stay - *Cape Grace, Cape Town*

Nestled between a private quay in Cape Town's bustling Victoria & Alfred Waterfront and the serenity of an international yacht marina, Cape Grace is in an ideal location with shops and restaurants on the doorstep.

Sophisticated and infused with local charm, each of the rooms has been custom decorated, featuring exquisite furniture, hand-painted fabrics, antiques and thoughtfully chosen African artefacts. Cape Grace boasts 17 Rooftop Terrace Rooms, two Penthouses and an African-influenced Spa.

The Bascule Whisky Wine & Cocktail Bar, with custom-built whisky lockers and a wine cellar, is the perfect place for an aperitif before dinner. The award-winning Signal restaurant is named after Cape Town's iconic Signal Hill which can be seen through the restaurant's French windows.

There is also a luxurious pool and deck where you can revel in an elegant outdoor experience with views of the majestic Table Mountain.

It is a gracious sanctuary that subtly retains Cape Grace's old world charm, whilst emanating sophistication, style and comfort.

### Stay - *Ulusaba, Kruger National Park*

Ulusaba offers breath-taking wilderness, sunrise safaris and a retreat away from the city. Set on the edge of Kruger National Park, luxury safari lodge Ulusaba offers guests thousands of acres to call home.

Ulusaba is known for the quality of its safari experience, with some of the most experienced rangers and trackers in the country. All guests at Ulusaba can expect luxurious accommodation, outstanding food, twice daily game drives, safari walks and unforgettable views. Ulusaba comes complete with an outdoor pool, spa, fully equipped gym, a cellar showcasing the best of the country's wine, and rangers on hand after dark to talk you through the southern-sky's constellations.

Choose between a stay in the treehouse-style rooms of the Safari Lodge where you can enjoy views of the animals as they stroll past on their way to the nearby watering hole, or a room in Rock Lodge, which is perched high on a koppie (hill), with panoramic views of the bush below. ▶

# Winter



Short  
Haul

## VERBIER

Verbier is the most popular resort in Switzerland's largest ski area, Les 4 Vallées. Thanks to the combination of a sunny, scenic location, exciting terrain and lively nightlife, it has long attracted a youthful, sporty clientele. There's more than 400km of runs, the slopes are snow-sure and the scenery spectacular. From the top of the ski area, Mont Fort, the views reach as far as the Matterhorn and Mont Blanc.

### Stay - *The Lodge*

It's luxurious, it's modern and it's one of the finest mountain retreats in the world... it is owned by Sir Richard Branson after all.

This picture perfect chalet sleeps up to 18 adults in seven beautifully decorated luxury bedrooms and two stunning master suites, all enjoying panoramic mountain views. An additional six children can be accommodated in the kid's bunkroom.

The Lodge has an indoor pool, steam room, and indoor and outdoor Jacuzzis to help you to relax. There is also a gym or you can simply relax in front of the open fire. A friendly team of experienced staff is always on hand to make you feel at home, including a spa therapist and Michelin-star trained chefs. Dining can be as formal or informal as you wish and the rates include breakfast, light lunch and dinner as well as all drinks. There truly is an ethos of 'nothing is too much trouble'.



## ANTIGUA

With non-stop flights available from London, Antigua is one of the most accessible of the Caribbean islands for UK holidaymakers. It is known for superlative boating, exemplary food, family-friendly activities, and a beach for every day of the year!

Relaxing in Antigua can be addictive, with many visitors spending their days strolling along the beaches and sipping cocktails. Visitors can also enjoy world-class regattas, first-rate cricket or some of the best fishing and kite surfing on the planet.

Antigua is a destination in its own right but can easily be combined with Barbuda or the British Virgin Islands.

### Stay - *Blue Waters Resort and Spa*

Blue Waters Resort and Spa is located on the northwestern corner of Antigua. Over the years, Blue Waters has earned an enviable reputation as being one of the Caribbean's finest resorts and prides itself on delivering a first class service to its guests. With several freshwater pools, secluded beach coves and 17 acres of stunning tropical gardens, Blue Waters is the idyllic tropical paradise.

As a family-owned hotel and one of the longest running establishments in Antigua, Blue Waters possesses a very unique and charming character – much of which can be attributed to the staff's warm hospitality and genuine regard for each guest.

Those seeking comfortable luxury and the intimate feel of a traditional Caribbean holiday will appreciate Blue Waters' relaxed ambiance. For those looking for an active holiday, the resort offers a variety of cruises and water sports. There is also a tennis court located within the resort's gardens, as well as Ceder Valley Golf Club located just three miles away. ■



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# THE RISE OF THE SMART MACHINES

WHAT'S  
YOUR  
HOME'S  
IQ?

WORDS: Martyn White

*Smart devices are everywhere: the phone in your pocket, the watch on your wrist; even pet feeders are smart nowadays. The consumer electronics show gives us a peek into the future of technology and innovation. However, it's also raising some questions. So, whilst 'Alexa' builds your shopping list would you let 'Aristotle' help raise your children?*

With just the touch of a small screen we have the ability to control lights, kettles, thermostats, and home security without being anywhere near the home. Refrigerators tell us when we're running low on essentials and washing machines can be stopped or started from anywhere. The Internet of Things is upon us.

The majority of these smart devices are currently rather expensive and with a return on investment that is patchier than a Wi-Fi signal in deepest St Ouen. So how do we keep up with the latest technology and translate our smart-home investments into actual cost and efficiency savings?

Earlier this year, attendees at the 50th Anniversary Consumer Electronics Show (CES) in Las Vegas – the world's biggest showcase of smart home devices – were given a glimpse of the future and Amazon's voice-controlled artificial intelligence assistant, Alexa, was a clear standout.

*'The Alexa-enabled LG Smart Instaview refrigerator gives owners the ability to order groceries just by talking to it'*

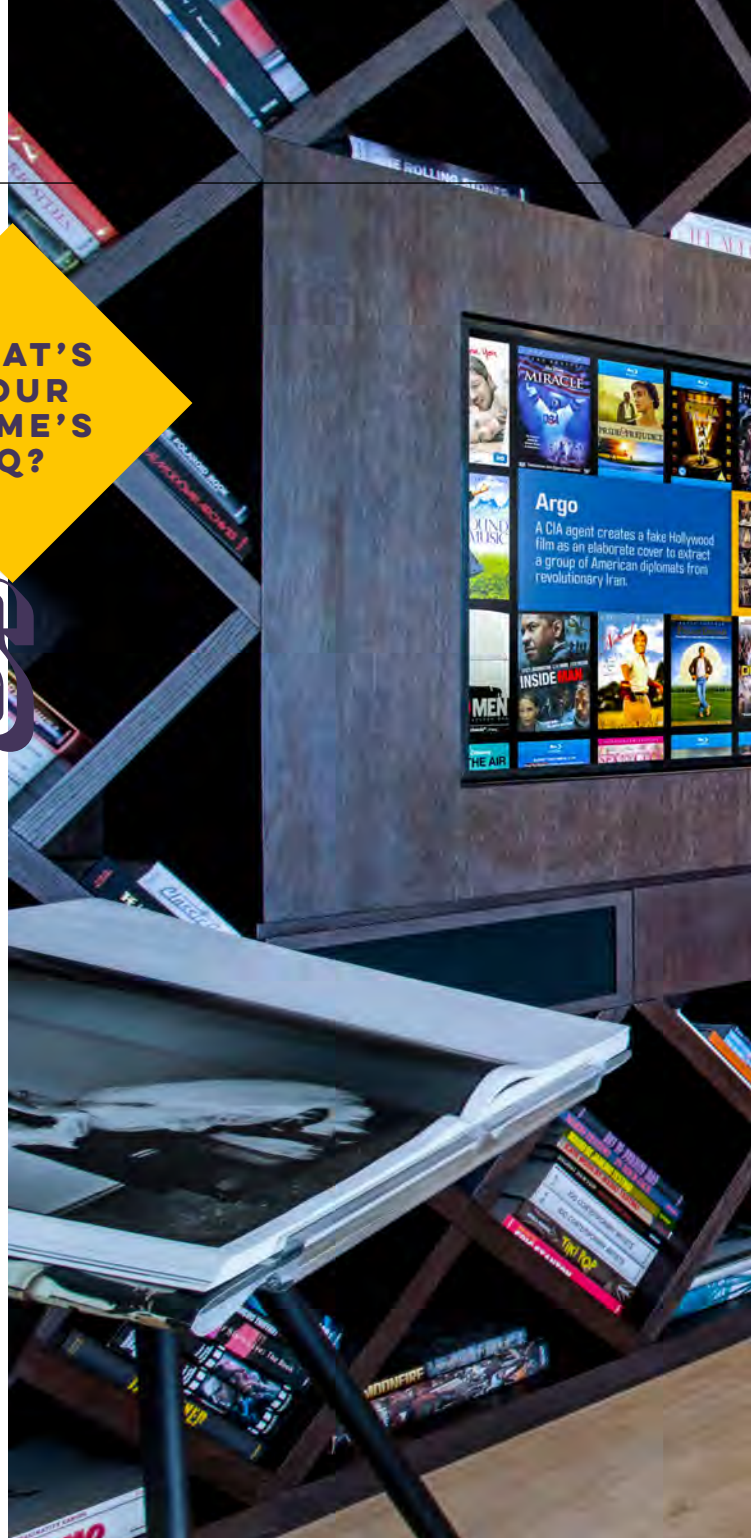
Amazon's Echo and Echo Dot devices, in which Alexa featured for the first time, were a Christmas stocking favourite last year. Although it still has some voice-recognition usability issues, Amazon has opened Alexa up to developers and the results are astonishing.

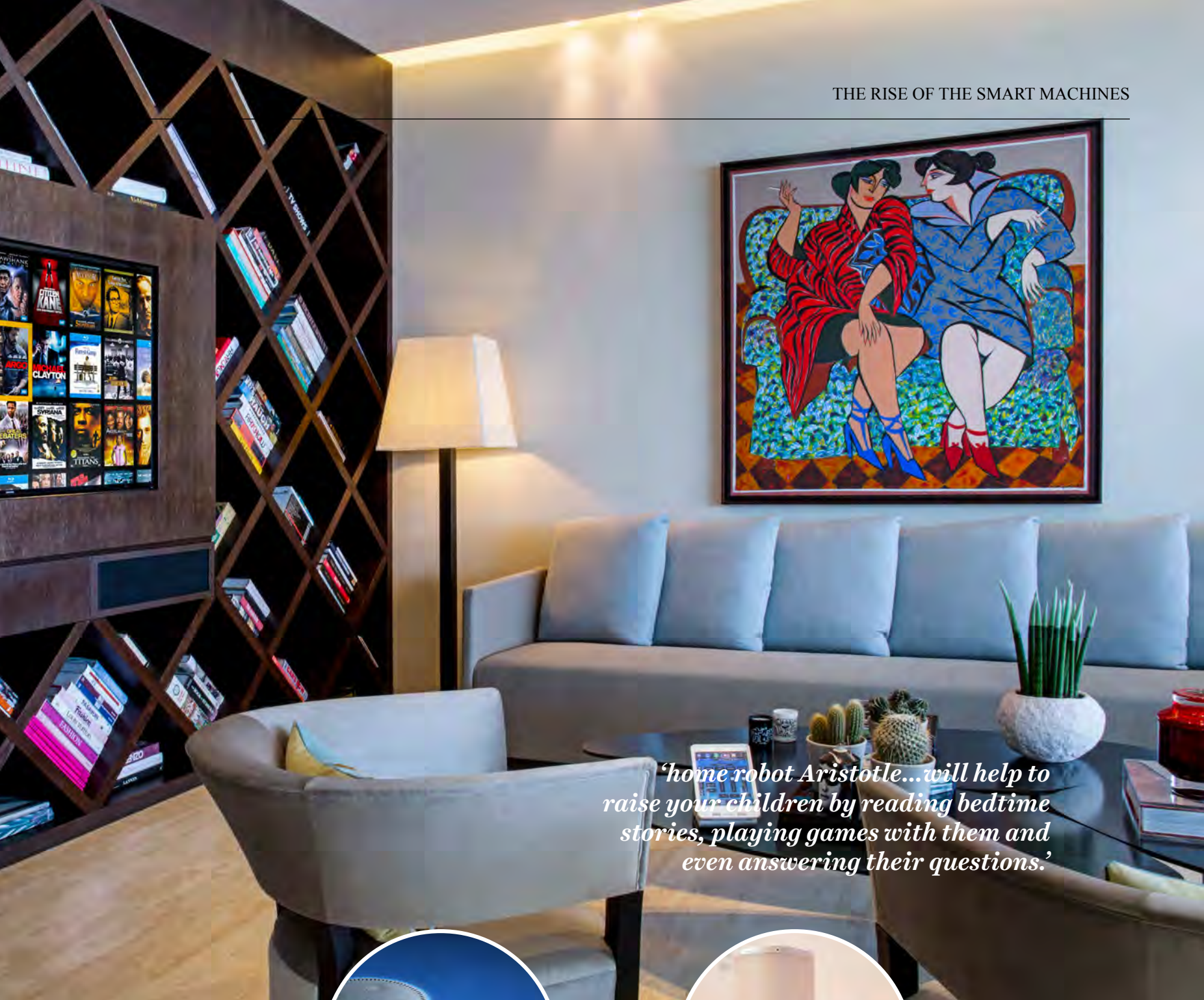
Voice-controlled lights and kettles are already prevalent, but now Alexa can empower homeowners to control televisions, vacuum cleaners and thermostats. And that's not all. The Alexa-enabled LG Smart Instaview refrigerator gives owners the ability to order groceries just by talking to it. Equipped with internal cameras, this smart fridge not only lets you see what's inside when you're away from the home via an app, but it also has a 29-inch (diagonal) touch screen with a very smart feature: knock twice on the screen and it goes transparent to reveal your fridge's contents without you having to open the door. The precise temperature of your refrigerator can be controlled via voice-commands too.

Additionally, you can adjust the temperature of your oven, ask for updates on how much time is left until dinner, and get your washing machine to keep you updated on cycle times

without going anywhere near the kitchen or laundry room. All this without having to open an app thanks to an Amazon and Whirlpool partnership which is making a number of kitchen appliances that can communicate with a digital assistant.

CES attendees were also shown an Alexa-enabled home robot, Aristotle, built by toy manufacturer, Mattel, which will help to raise your children by reading bedtime stories, playing games with them and even answering their questions. Coming with its own IP camera, it can be used as a baby monitor and has the ability to provide added functionality with a range of Mattel's toys. Aristotle even has an enhanced voice-recognition system to be able to understand children (which would be useful on Alexa!). This isn't way





*'home robot Aristotle...will help to raise your children by reading bedtime stories, playing games with them and even answering their questions.'*



Amazon's "Alexa"



"Aristotle" by Mattel

off in the future either; it's retailing at \$300! Unsurprising, and just like the iPad before it, it's already triggering debate about the role of technology in modern day parenting.

**Wallpaper TV**

It wasn't all Amazon and Alexa products at CES in Las Vegas though. Google Assistant, Siri, was also showcased in the latest smart TV and entertainment devices, including 'Wallpaper TV' and devices moulded into high-end furniture.

'Speakers are getting smaller and increasingly more attractive. And yes, there are options that allow you to tuck speakers into the walls and ceilings. Still, many homeowners find that it's still difficult to meld a surround-sound system completely into the design and décor of their chosen media room,' says Lisa Montgomery of [electronichouse.com](http://electronichouse.com), pointing out the benefits of the new Solus Audio system.

'Solus Audio at CES 2017 showcase a solution that integrates a complete 5.2 home theatre speaker system into an acoustically

designed furniture cabinet that fits perfectly beneath any TV screen. Measuring only 6-feet wide, 19-inches deep, and 26-inches tall, the sleek modern cabinet takes up considerably less space than most AV furniture. Yet, it will accommodate up to an 80-inch TV without any overhang for a clean aesthetic appearance. Yet, no speakers or gear is visible to the eye from its exterior.'

For those with a penchant for their technology to be paper thin and who don't want furniture masking the beauty of their new tech ▶





purchase, the LG Signature OLED TV W-series, otherwise known as 'Wallpaper TV', measures just 2.57mm thick and is engineered to be mounted directly to the wall so there's no gap between the wall and TV. Available in 77-inch and 65-inch sizes, it is the slimmest on the market and the first to incorporate Dolby Atmos and Dolby Vision technologies.

As well as becoming increasingly slimmer, TVs are also utilising the latest in Artificial Intelligence (AI). Nvidia, known as the AI computing company, has combined 4K entertainment (i.e. Ultra High Definition) with Google Assistant voice control in its new Shield TV media streaming product.

'This means that you'll be able to pose a question verbally and have the answer appear on your TV screen – in addition to an audible reply. You will also be able to use voice commands to find content, pause, fast-forward, and rewind,' says Montgomery.

#### Pause before purchasing

'Pause, fast-forward and rewind' is perhaps an apt way to evaluate smart home purchases at the moment. There will be some who think Alexa and Siri are just gimmicks, whilst others still have concerns over the appropriate levels of Wi-Fi connectivity and security from hackers.

Technology journalist, Ed Oswald, identifies four reasons why it might be a good idea to think twice about what smart home technology you employ: it can be hacked; some of the technology is 'moody'; there are many competing standards; and, the price can be too high.

'There is the opportunity for hackers to gain access to your smart home just like any other technology,' says Ed. He points to security firm Synack, which analysed 16 smart home devices early last year. 'In every case, the researchers were able to hack into the devices, some in as little as 20 minutes. While this doesn't speak for every smart device out there, it does speak to serious security issues in the smart home space.'

The technology can also be a little temperamental. 'One quirk that drives a lot of smart home users nuts is the lack of what is called 'local control',' says Ed. 'Instead of your smart devices connecting directly with your smart hub, the Cloud actually plays a role in their operation. When you use a smart switch or press a smart button to operate a connected device, the signal first heads to your smart hub, then the hub sends it to the Cloud, where it is sent back to your hub, and finally to your device. What happens when this fails? Those devices don't work, as Wink hub users found out in April 2015. Since then, Wink enabled 'local control', but not every smart home system has done the same.'

'Another issue with connected homes in general are the sheer number of smart home platforms and technologies, says Ed. It prompted Yahoo Tech to advise people to 'commit to one smart home ecosystem for everything or rely on vendors to provide point-to-point connections between individual devices.'

One piece of advice is to start small. And one way to do this is by a Switch Bot, which brings programmability to formerly 'dumb' home controls, a kind of half-way smart house, if you will. Smart Bots are small plastic boxes that can be fitted next to any switch and programmed from any smart device. When you designate for the power to come on or off a plastic finger pops out and does the job for you.

This simple solution shows that smart homes can be everything from the latest, most expensive home theatre systems to devices that just make life that little bit easier. And who wouldn't want that in their home? ■

## TECHNOLOGY TIMELINE

*The first Consumer Electronics Show was held in 1967 in New York. Here are a few technology milestones since then:*

1970

- 1970 Videocassette Recorder (VCR)
- 1974 Laserdisc Player
- 1981 Camcorder and Compact Disc Player
- 1990 Digital Audio Technology
- 1991 Compact Disc - Interactive
- 1994 Digital Satellite System (DSS)
- 1996 Digital Versatile Disk (DVD)
- 1998 High Definition Television (HDTV)
- 1999 Hard-disc VCR (PVR)
- 2000 Satellite Radio
- 2001 Microsoft Xbox and Plasma TV
- 2002 Home Media Server
- 2003 Blu-Ray DVD and HDTV PVR
- 2004 HD Radio
- 2005 IP TV
- 2007 Convergence of content and technology
- 2008 OLED TV
- 2009 3D HDTV
- 2010 Tablets, Netbooks and Android Devices
- 2011 Connected TV, Smart Appliances, Android Honeycomb, Ford's Electric Focus, Motorola Atrix, Microsoft Avatar Kinect
- 2012 Ultra books, 3D OLED, Android 4.0 Tablets
- 2013 Ultra HDTV, Flexible OLED, Driverless Car Technology
- 2014 3D Printers, Sensor Technology, Curved UHD, Wearable Technologies,
- 2015 4K UHD, Virtual Reality, Unmanned Systems
- 2016 Echo became available in the UK

2016



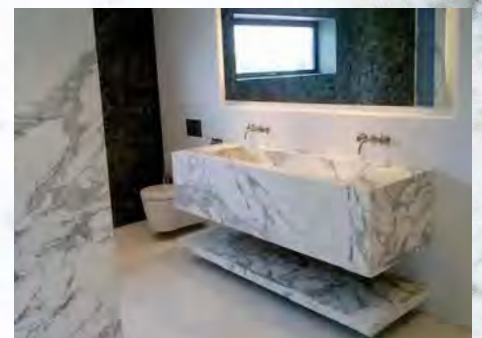
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# Granite **Le Pelley**



# A *Botanical* — PARADISE —

**A unique Jersey property built for gentility and now the perfect family home, or an opportunity for a beautiful retreat.**

**W**andering through the magnificent palm plantation at Beau Desert in St. Saviour makes you feel like you are lost in a different world, inhabited only by birdsong and the gentle sound of rustling vegetation.

The re-creation of this botanical paradise is the result of a project taken on at the turn of the millennium by the current owner, and is reflected throughout the beautiful grounds of some four acres and multiple gardens within.

Standing under the tightly packed copses of tropical trees, your eye is drawn to intense splashes of colour appearing through the light and shadows of many varieties of shrubs, camellias and magnolias all bursting into bloom at different times of the year.

This garden, or more aptly, gardens, has big personality with so much character and interest that anyone uninitiated in the skill and science of plantsmanship cannot fail to be impressed. In fact, there was previously a botanical garden in the grounds at the beginning of the 20th Century.

Beau Desert has its own microclimate where anything grows. However, there is no need to be frightened off by the thought of constant maintenance because that has been incorporated into the overall design. Future tenants will simply be able to enjoy what there is rather than spend too much time on hands and knees.

Beau Desert has a Jersey eastern influence – with native stone statues and carvings appearing along the grass walkways. However, it's not the only feature that makes Beau Desert quite special as far as its important place in Jersey's architectural heritage is concerned. Evidence shows that the house was originally constructed around 1400-1450. The arches at the entrance to the adjacent farm were expressions of gentility and there is little doubt that a nobleman and his family were among the early occupants of what was probably then a 'manoir' for a small fief.

The huge granite fireplace in the drawing room is definitely of medieval origin, and is regarded to be of important significance because of its raised shield which would have been painted with the owner's coat-of-arms.



*“A fabulous, custom-designed swimming pool complex”*



*“There is little doubt that a nobleman and his family were among the early occupants of what was probably then a ‘manoir’ for a small fief”*



There is also presence of original oak floorboards, which historians feel could be quite unique, not only in Jersey, but in the Channel Islands.

What also makes Beau Desert so unusual is the Georgian tower which houses a carefully renovated substantial lounge, with master, family and guest bedrooms above and a huge square ‘lookout’ on the roof, which has been put to good use with a full-size snooker table.

The owner has not held back in resurrecting the six-bedroom home to its former glory as a fine country estate. The location also has numerous benefits as it is close to the town of St. Helier, and for a family, so close to all the major schools and colleges but down a quiet country lane surrounded by fields and valleys.

Renovation has been carried out extremely professionally, not only in terms of the living space, but also with a fabulous, custom-designed swimming pool complex. The complex includes a pool house, gymnasium and also a floodlit all-weather tennis court nearby on the terraced area at the back of the property with a four-car garage beneath.

Meanwhile, permission has been granted to extend the kitchen to include an orangery. A Japanese cloud juniper on the lawn has been clipped and trained by the owner to throw cloud-shaped shadows

onto the grass as the sun moves across, another feature which always attracts comments from visitors as well as the pond with its small island of three camellia trees.

On the corner of the property, close to the ancient 30 foot deep working water well, is a separate two-bed granite staff or guest cottage.

All in all, Beau Desert is a truly unique Jersey property in a superb location. One has to agree with several of the owners’ friends and guests who have suggested that because of the privacy and seclusion it would also make a fantastic retreat. ■

#### PROPERTY DETAILS

Price **£3,495,000**

Parish **St Saviour**

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# Trend Setters



## Statement pieces & finishing touches

Interior Designer **Heather Jerrom-Smith** of Osborne & Rose advises on the top trends that will be showcased in homes this year.

Heather has over 20 years' experience with interiors, property renovation and retail. Her ethos is clear; good decoration does not disguise bad design.

Here she takes us through lighting fashion, symmetric patterns and perfect accessories.



## ◀ Symmetric Patterns

Floral is on trend in fashion but not in the home. Symmetric and textured patterns will be strong for the summer.

Prices from £75 - £110.

Available from Designer Sofa Interiors, Jersey.

## Natural Stone ▶

Granite remains a timeless classic, perfect for kitchen and bathrooms. Other natural stones, especially marble, can add style and quality whether your bathroom design is traditional or contemporary.

Price on application.

Available from Granite Le Pelley, Jersey.



## Entertaining ▶

Customised ranges are big news. They are created to suit your exact cooking style and become the talking point of many dinner parties.

The Dual Fuel WOLF Range can be customised with your preferred combination of burners, infrared charbroiler or griddle.

.....  
 The Dual Fuel WOLF Range (1219mm) from £15,240.  
 Available from Artizen Design, Jersey.



## ◀ Creative Lighting

Gone is the formal chandelier, lighting is becoming more and more creative. Statement designs and innovative shapes are big news into 2018.

.....  
 Bespoke lighting made to order.  
 Available from Designer Sofa Interiors, Jersey.

## ▼ Matte Copper

Matte Copper finishes are on trend for bathroom fixtures. Copper has anti-bacterial properties and also wears well as scratches look part of the piece.

.....  
 Heritage Hylton Freestanding Copper Effect Acrylic Bath (1730 x 730mm) £1,743.76.  
 Available from Heritage Bathrooms, London.



## ▲ Outdoor Chic

Interior design is heading outside with the conversion of gardens into outdoor rooms. Your outdoor room also needs a centre piece so opt for a fire pit or show-stopping BBQ.

WOLF's latest appliance is the amazing outdoor gas grill. The motorised rotisserie, smoker box, and internal halogen lights add to the versatility of the grill.

.....  
 The Outdoor Gas Grill £5,250. The Cart £2,060.  
 Available from Artizen Design, Jersey.



## ◀ Artisan Accessories

For years now the trend has been towards DIY items and now the mood has shifted to artisanal accessories.

The Baobab Collection - The Belgian brand is committed to high-quality craftsmanship and respect for the environment. All the candles are poured by hand into vases that are blown by craftsmen glassworkers making each item unique.

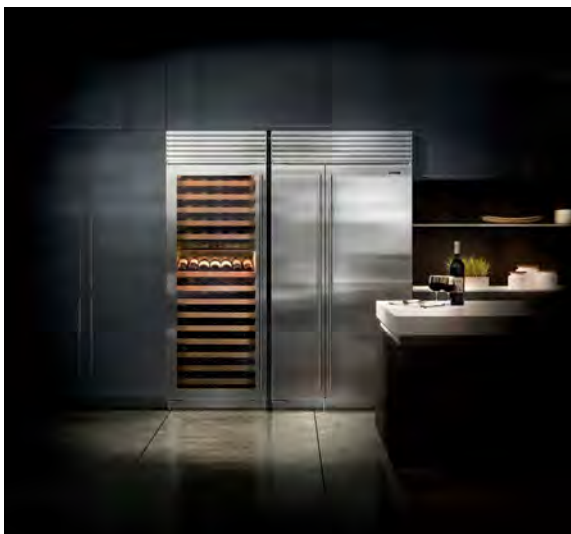
.....  
 Candles priced from £59 - £399.  
 Available from Designer Sofa, Jersey.

## Fresh Appliances ▶

Power efficiency and prevention of wastage are the buzz words in the kitchen. The best brands are developing 'smart' appliances that look after your food intelligently.

Sub Zero's independent sealed systems are run by two compressors, meaning your salad doesn't wilt, and your ice never tastes of fish. Incorporating technology built for Nasa, the air purification system refreshes the air in the unit every 20 minutes, removing bacteria, mould and viruses in the process.

.....  
 Built in side by side fridge/freezer from £11,800.  
 Built in wine fridge £10,250.  
 Available from Artizen Design, Jersey.



## ▲ Hand Knotted Rugs

Wooden floors accented by beautiful rugs will be chic this year. Style a space by adding an area rug to lift a look and add colour.

.....  
 Himalayan Sea Wheat Grey Rug from £500.  
 Available from Designer Sofa Interiors, Jersey.



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